

Prevenção, Diagnóstico e Manuseio da Cardiotoxicidade após Terapia Oncológica

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Disclosures

- Consultor:
 - Pfizer
 - Abbott
 - Novartis
 - Amgen
 - Alnylam
 - Abiomed

Outline

- Epidemiology of Cardiotoxicity
- Types of Cardiotoxicity
- Cardiovascular Risk Stratification of Cancer Patients
- Prevention of Cardiotoxicity
- Monitoring Cardiotoxicity
- Treatment of Cardiotoxicity
- Summary

Missão da Cardio-Oncologia

“Ajudar a equipe oncológica a obter os melhores resultados possíveis em pacientes com cancer, através de acompanhamento cardiovascular antes, durante e depois da terapia anti-neoplásica.”

Impact of Cardiotoxicity

Short term

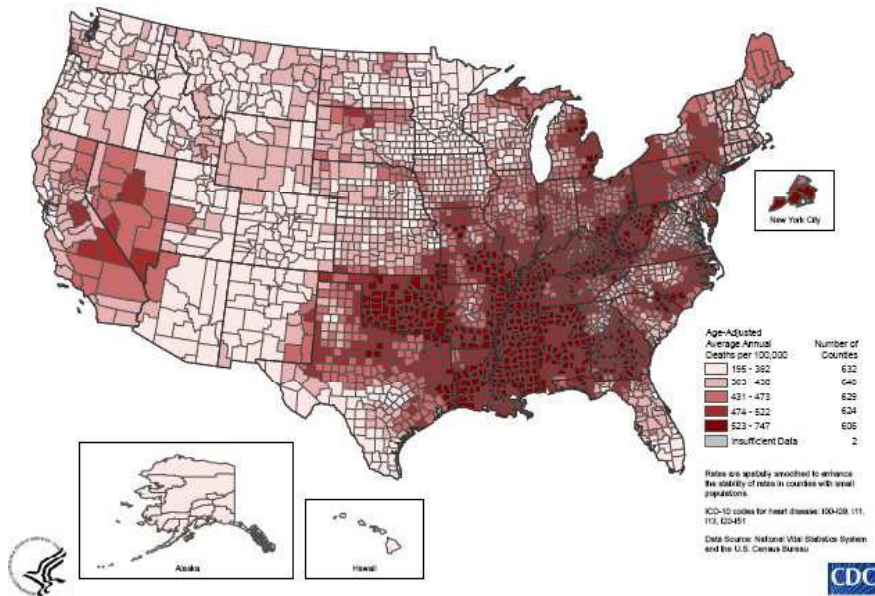
- Treatment interruption
- Treatment discontinuation
- Dose reductions
- Heart dysfunction/failure
- Hypertension
- Acute coronary syndromes
- Pulmonary hypertension
- Thrombosis
- PAD/stroke
- Arrhythmias

Long term

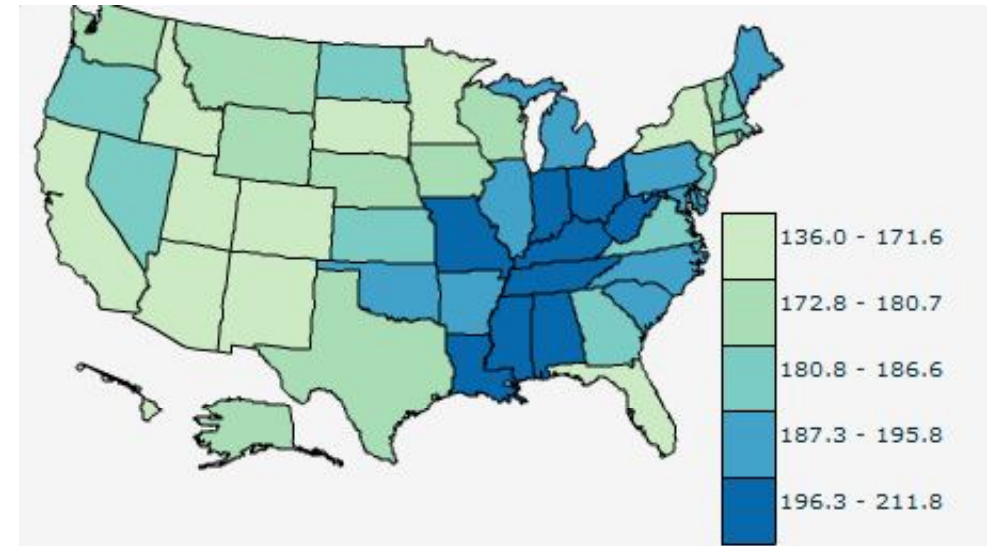
- Cardiomyopathy
- End-stage heart failure
- Valvular heart disease
- Pericardial disease
- Heart transplant
- Heart pumps
- Early death

Epidemiology

Cancer and Heart Disease



Age-adjusted death rates for coronary heart disease



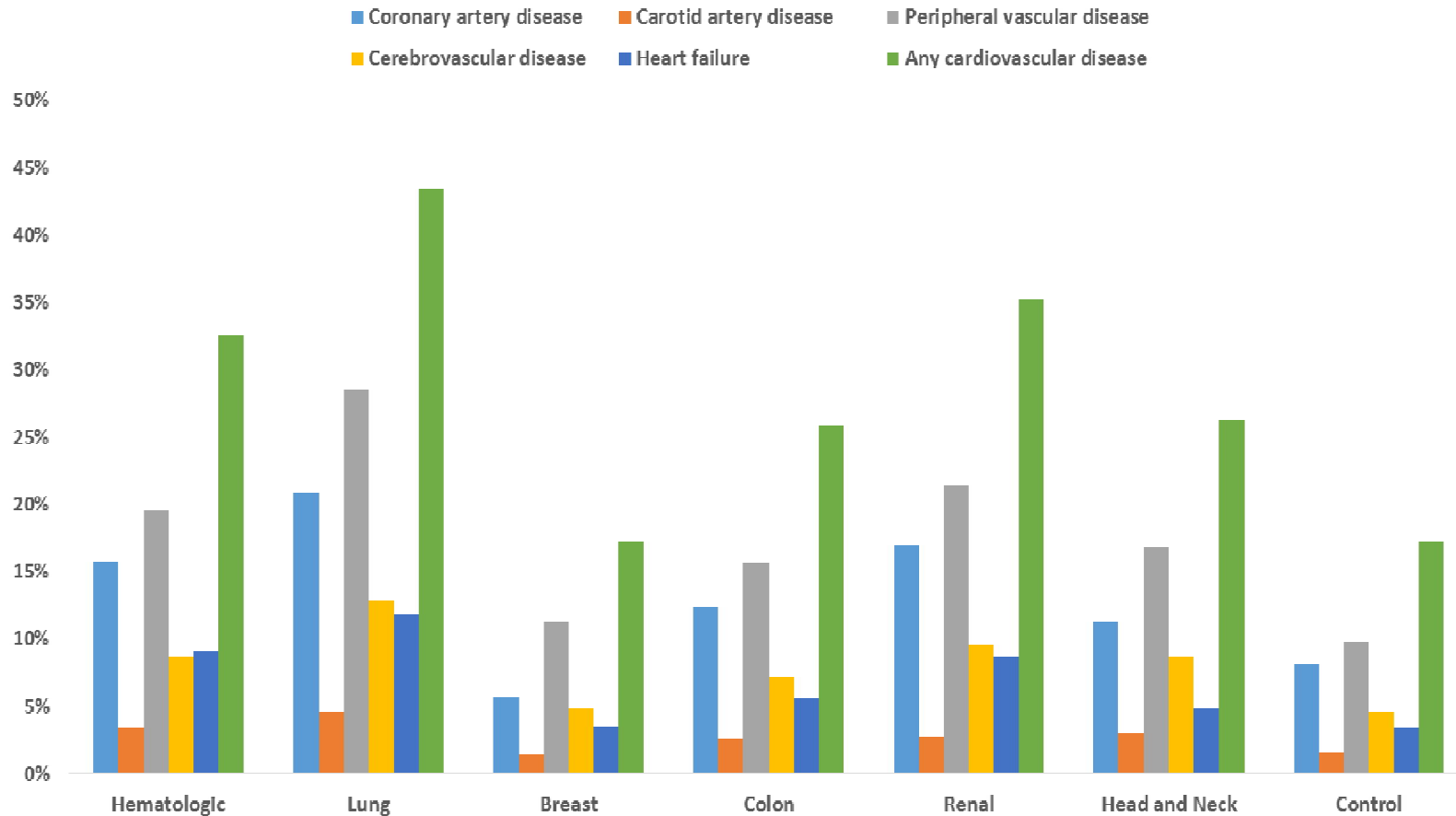
Age-adjusted death rates for all cancers

Herrmann J et al. Mayo Clin Proc 2014

Rising numbers of cancer survivors

Altekruse SE et al., SEER cancer statistics review, 1975--2007. Bethesda, MD: National Cancer Institute; 2010

Prevalence of Heart Disease by Cancer Type



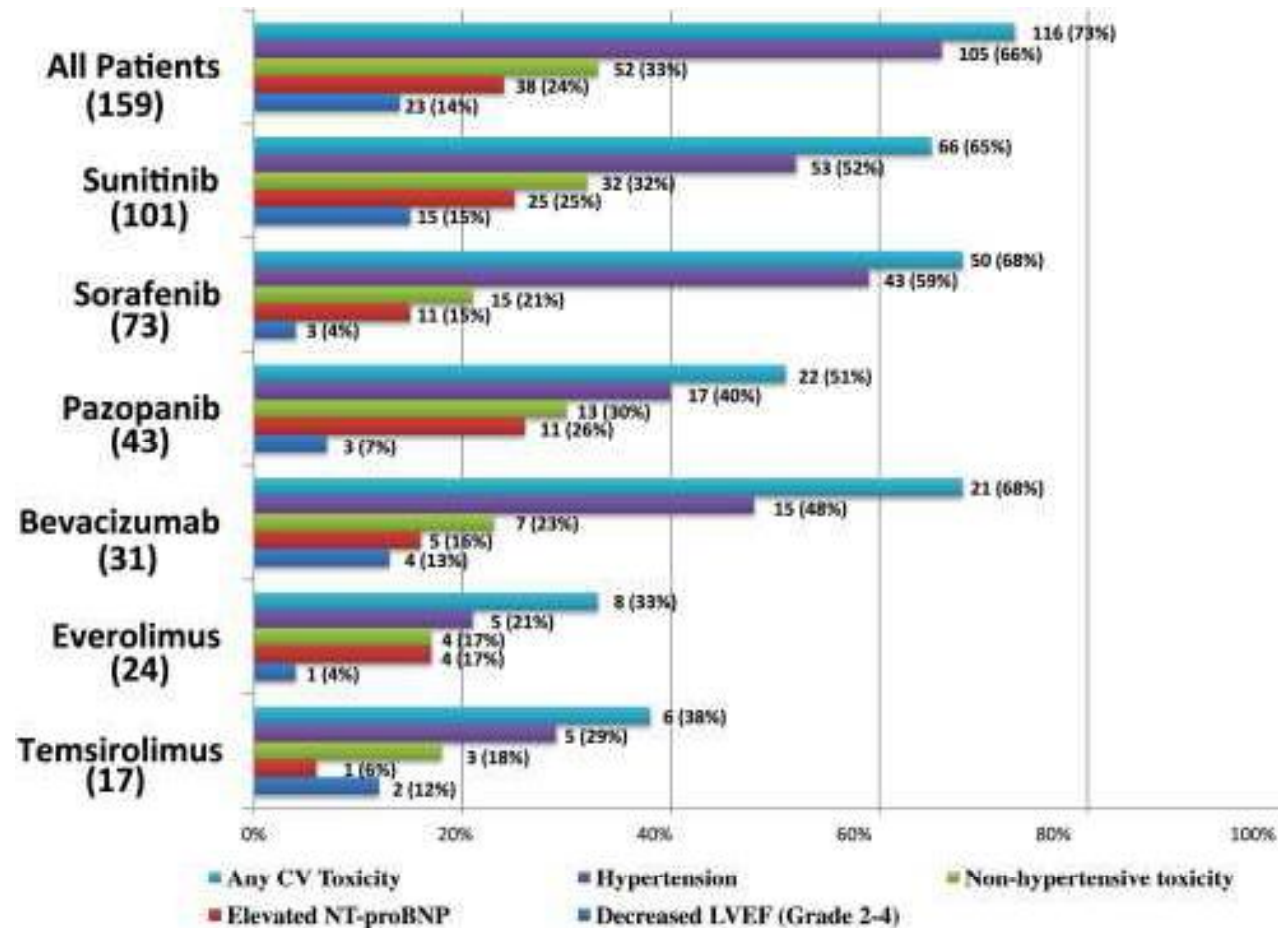
Oliveira GH et al. Mayo Clin Proceedings 2015

Incidence of HF/LVD after Anthracyclines ± Trastuzumab

	All Cancer Patients	Anthracycline + Trastuzumab (n = 431)	Anthracycline (n = 5,257)	Trastuzumab (n = 437)	Other Chemotherapy (n = 2,712)
Observed cumulative incidence					
1 year	7.2	16.4*†	7.7‡	15.7*	7.8
2 years	12.3	23.8*†	11.9	20.7*	12.4
3 years	16.9	28.2*†	15.3‡	26.7*	17.0
Adjusted cumulative incidence					
1 year	7.5	22.0*†	9.8*	16.7*	8.4*
2 years	13.3	33.2*†	15.3*	23.2*	13.7*
3 years	18.7	41.9*†	20.2‡	32.1*	19.2

Chen et al. JACC Vol. 60, No. 24, 2012

CV Complications of VEGF Inhibitors

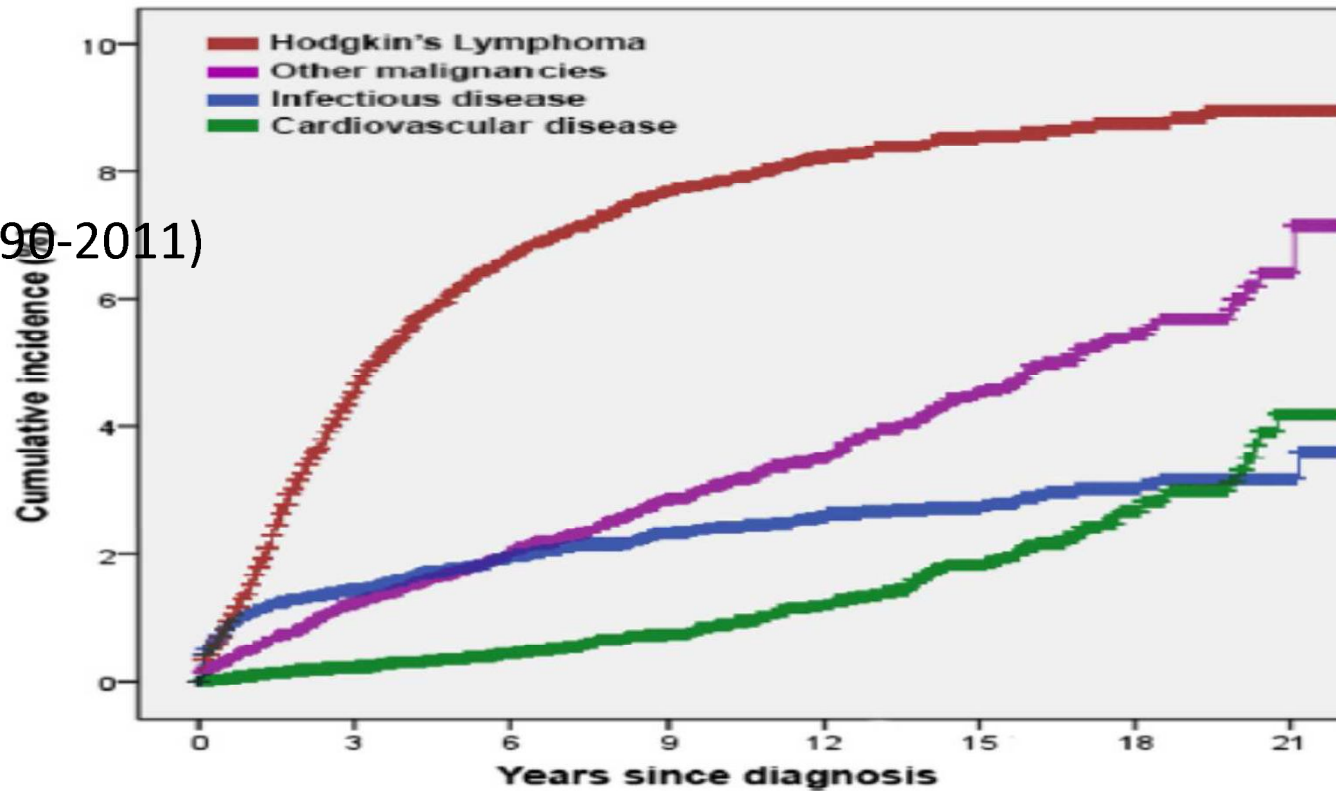


Hall et al. JACCHF Feb 2013

CVD major cause of non-cancer death in survivors

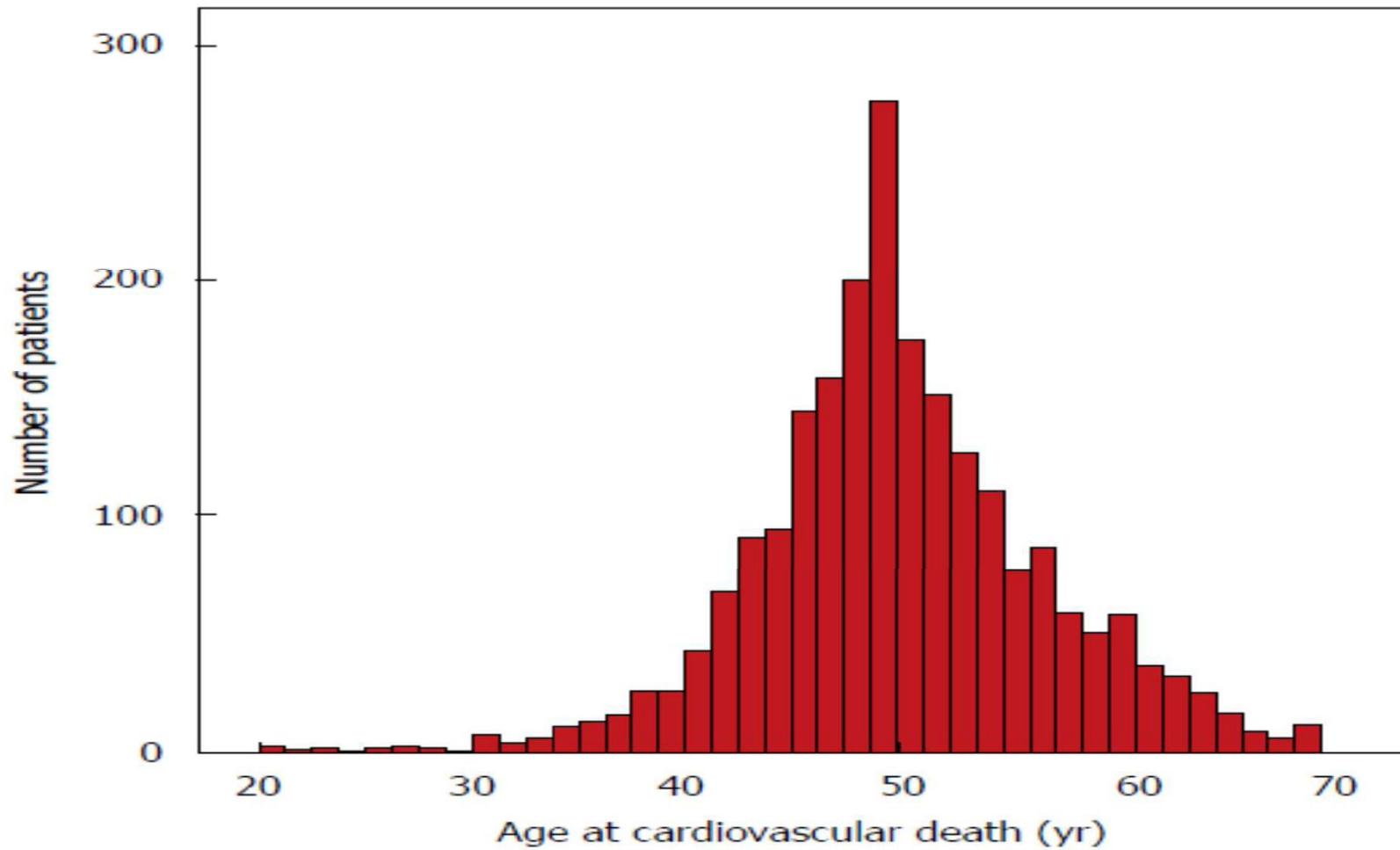
Figure 1 Cumulative Incidence of Major Causes of Death

(1990-2011)



Al-Kindi SG...Oliveira GH. Clin Leuk Myel Lymph 2015

Young age at CV death



Al-Kindi SG, Oliveira GH. World J Cardiology 2015

Types of Cardiotoxicity

Chemotherapy-Induced Cardiotoxicity

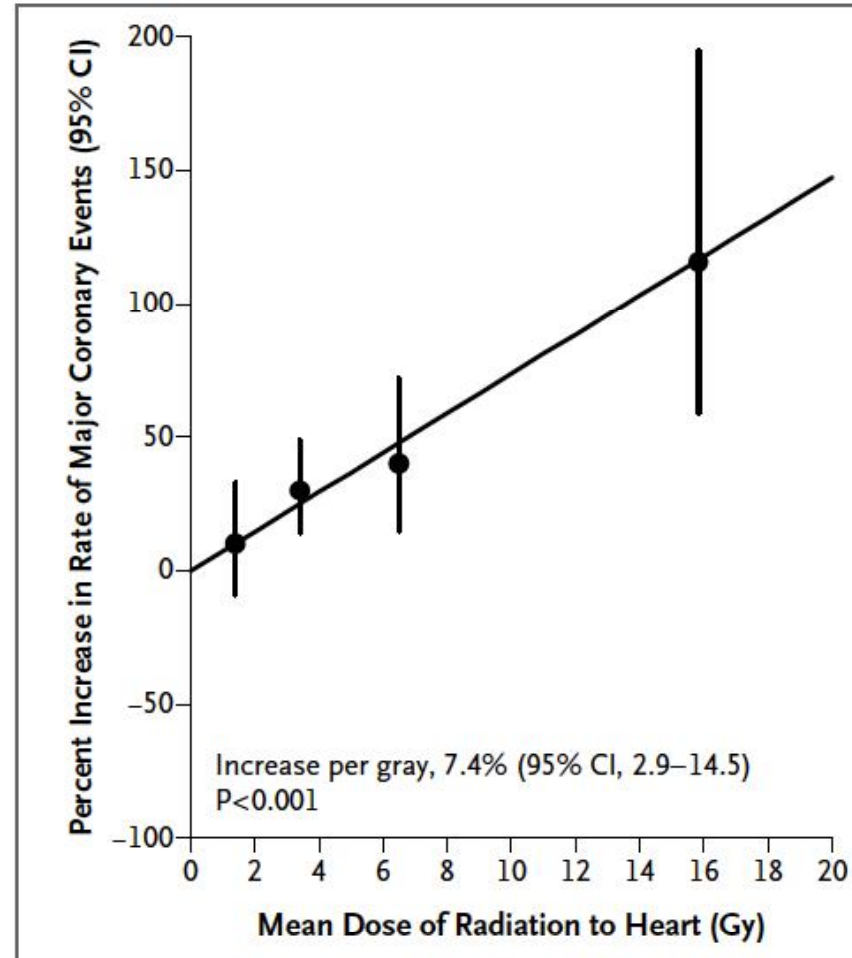
Agent	LVD (%)	HTN (%)	ACS (%)	Arrhythmia (5)	Thromboembolism
Anthracyclines	3-26				
Cyclophosphamide	7-28				
Docetaxel	2-8		1.7		
Paclitaxel			0.5-5	0.1-31	
Bevacizumab (Avastin)	1.7-3	4-35	1.5-3		
Trastuzumab	2-40				
Sunitinib	2.7-11	5-30			
Imatinib	0.5-1.7				
Sorafenib		17-43			
Erlotinib			2.3		3.9-11
Fluorouracil (5-FU)	<1		2-43		
Capecitabine			3		
Bortezomib (Velcade)	2-5		3-9		
Cisplatin					8.5-13%
Thalidomide				0.2-55%	
Lenalidomide (Revlimid)					3-75
Lapatinib	1.5-2.2			16	

Classification of Cardiotoxicity

Type I CRCD	Type II CRCD
Cellular death	Cellular dysfunction
Biopsy changes	No Biopsy changes
Cumulative dose-related	Not dose-related
Oxidative stress/DNA damage	ErbB2-signaling
Permanent	Reversible
Model: doxorubicin	Model: Trastuzumab

Courtesy of Michael Ewer, MD

Radiation Dose and CAD

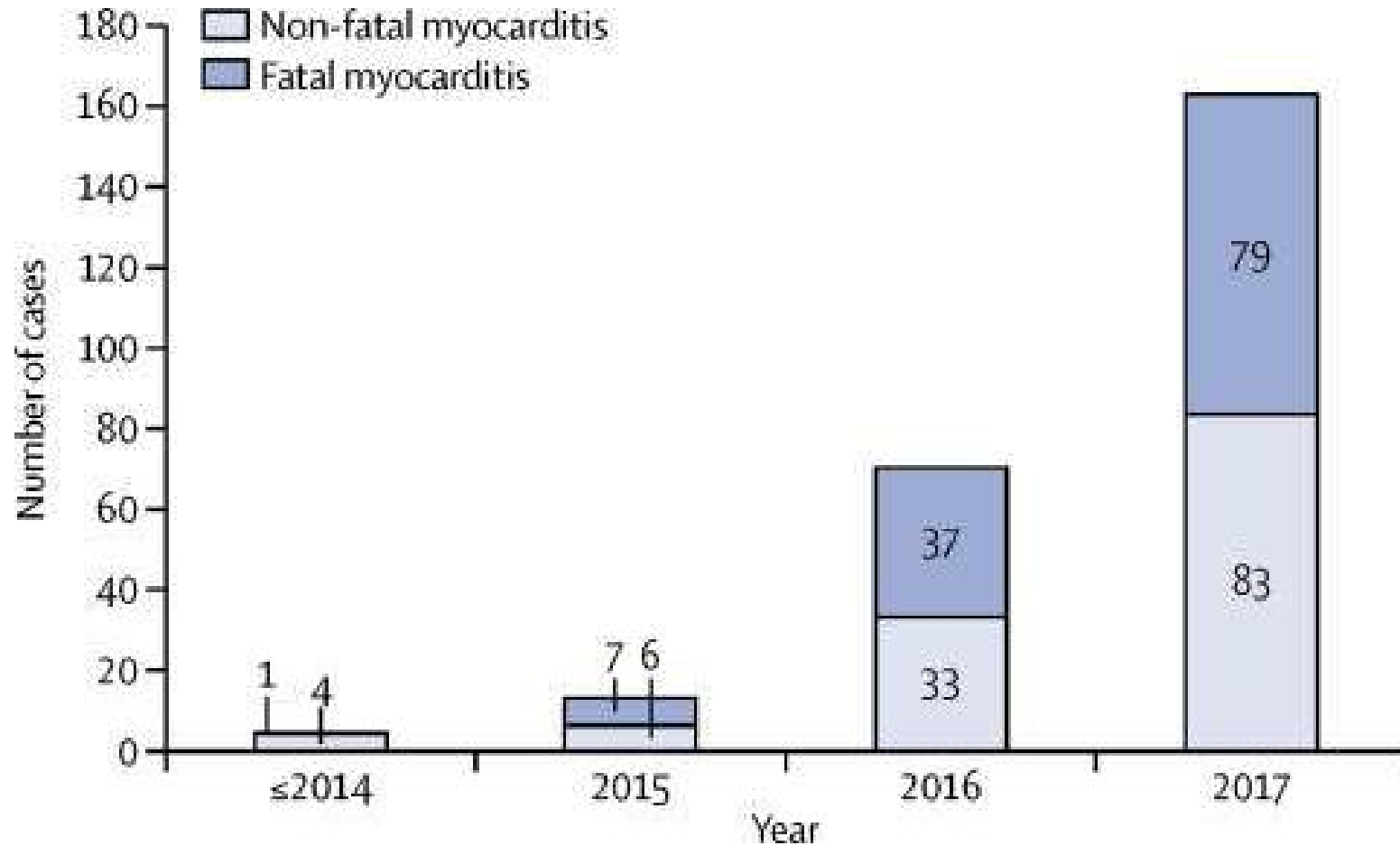


N= 2168
963 with MACE

Figure 1. Rate of Major Coronary Events According to Mean Radiation Dose to the Heart, as Compared with the Estimated Rate with No Radiation Exposure to the Heart.

Darby et al. NEJM March 2013

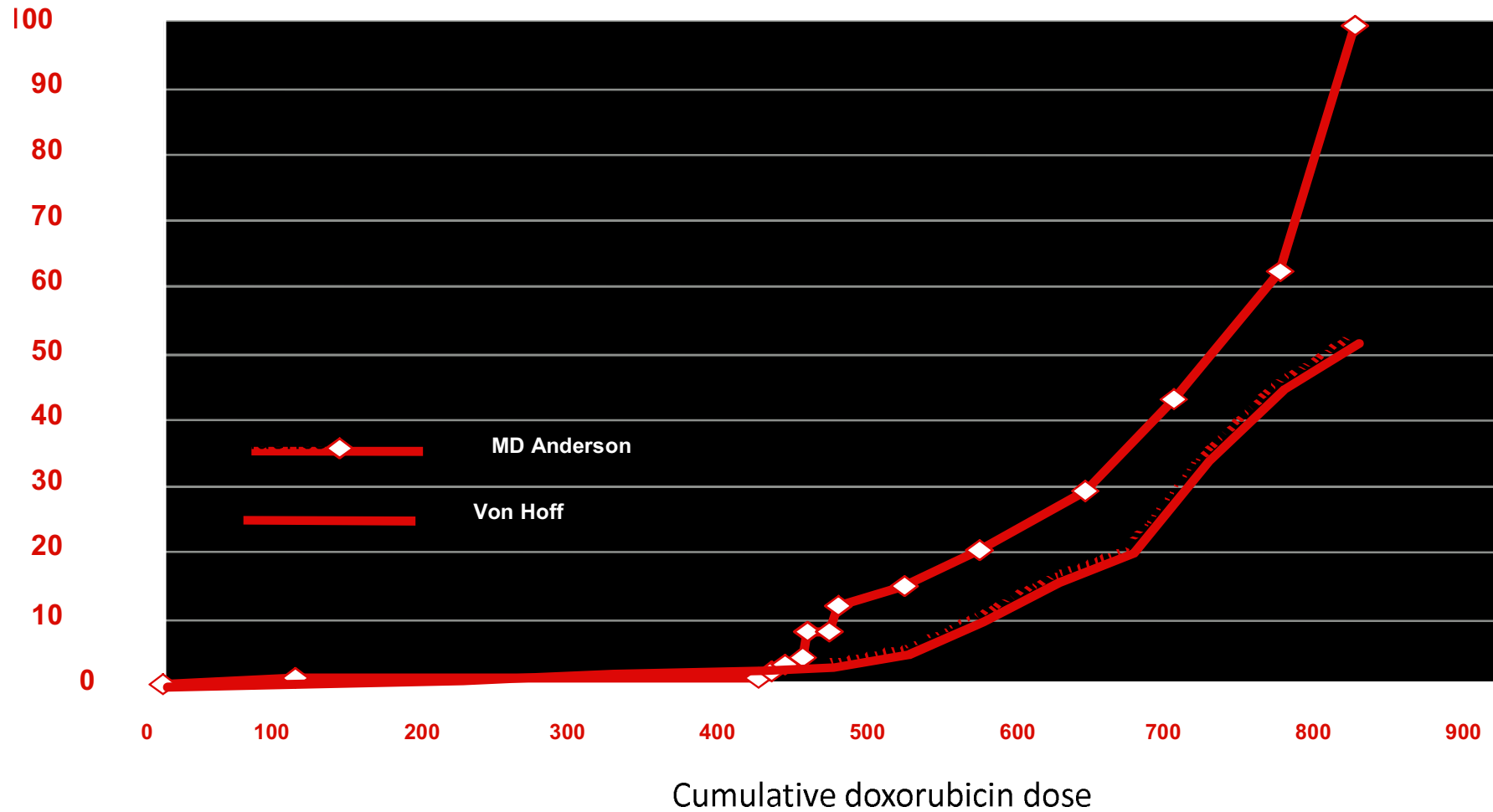
Immune Check Point Inhibitor Myocarditis



Oliveira et al. Lancet 2018

CV Risk Stratification

Doxorubicin Dose and HF



Adapted from Ewer et al. JCO 1984;2:112-117.

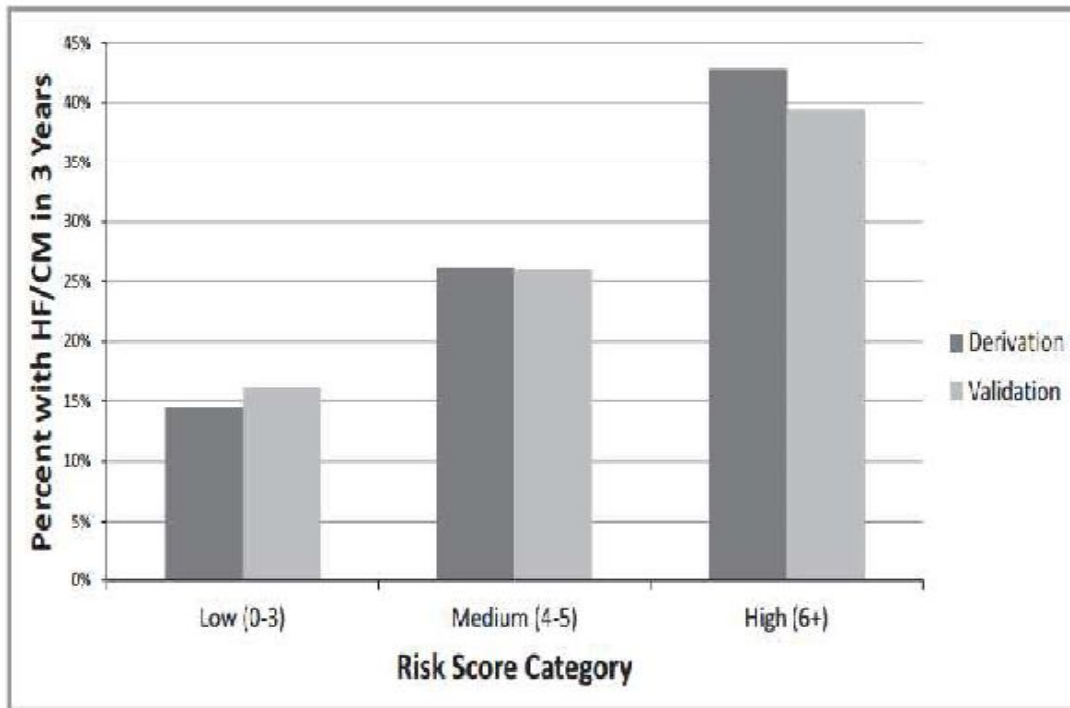
Common Anthracycline Regimens and Cancers

TABLE 1 Anthracycline Regimens in the Most Widely Used Protocols for 4 Types of Cancer

Type of Cancer	Anthracycline Regimens	Other Considerations
Breast cancer	Doxorubicin 50-60 mg/m ² × 4-6 cycles Epirubicin 75-100 mg/m ² × 4-8 cycles	Increased cardiotoxicity with trastuzumab (11) Bolus over 15 min
Sarcoma	Doxorubicin 75-90 mg/m ² × 6-8 cycles	Continuous infusion over 48-72 h or bolus over 15 min + dexrazoxane
Lymphoma	Doxorubicin 40-50 mg/m ² × 6-8 cycles	Continuous infusion over 48-72 h or bolus over 15 min
Pediatric leukemia	Doxorubicin 30 mg/m ² × 10 cycles	Bolus over 30 min ± dexrazoxane

Risk factors for LVD/CHF with Trastuzumab

SEER Analysis of 1664 women

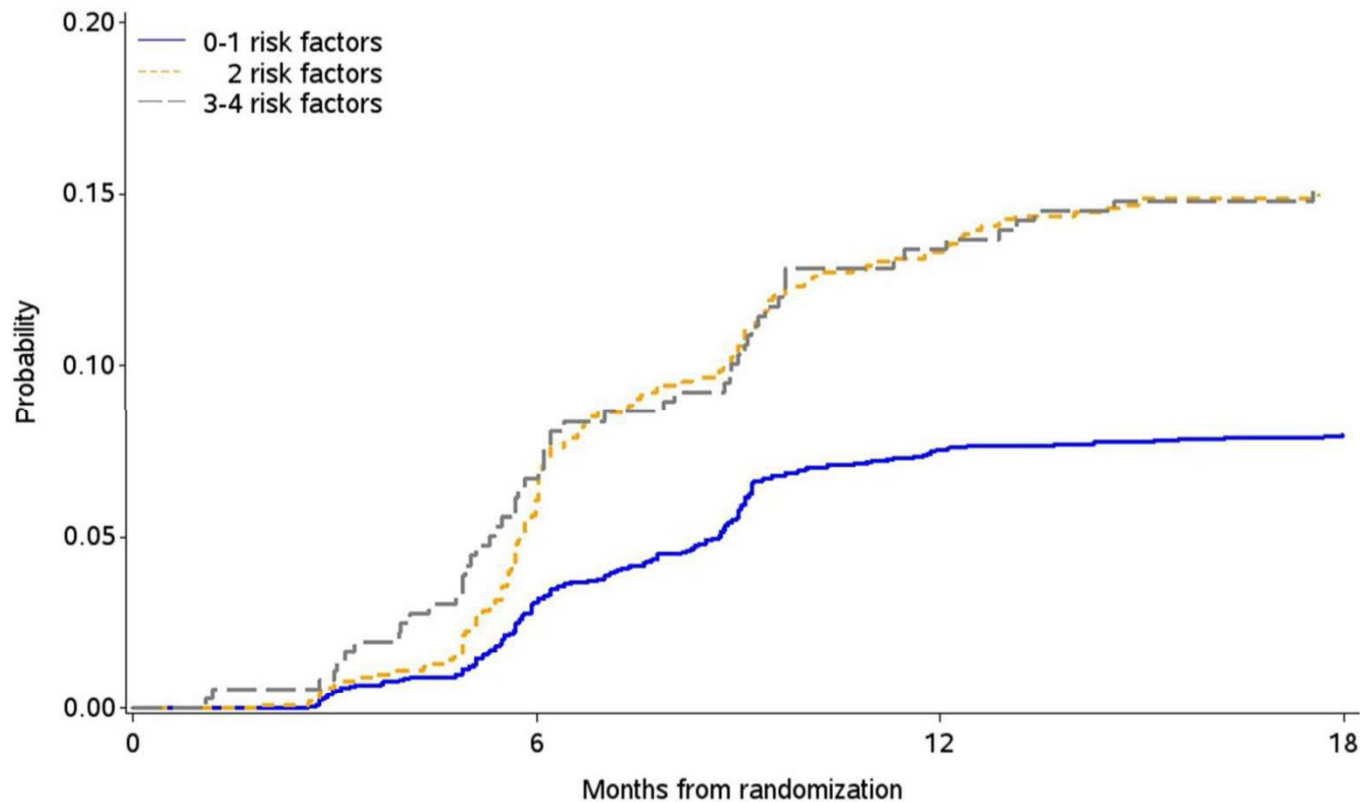


J Am Heart Assoc. 2014; 3: e000472

Risk Factor	Points Assigned
Adjuvant therapy	
Anthracycline chemotherapy	2
Non-anthracycline chemotherapy	2
No identified chemotherapy	
Age category, y	
67 to 74	
75 to 79	1
80 to 94	2
Cardiovascular conditions and risk factors	
Coronary artery disease	2
Atrial fibrillation/flutter	2
Diabetes mellitus	1
Hypertension	1
Renal failure	2

Risk Score	Total	3 Years	
	N	N	%
0, 1, 2, or 3	595	86	14.5
4 or 5	195	51	26.2
6, 7, 8, or 9	42	18	42.9

Risk Prediction for Trastuzumab Cardiotoxicity

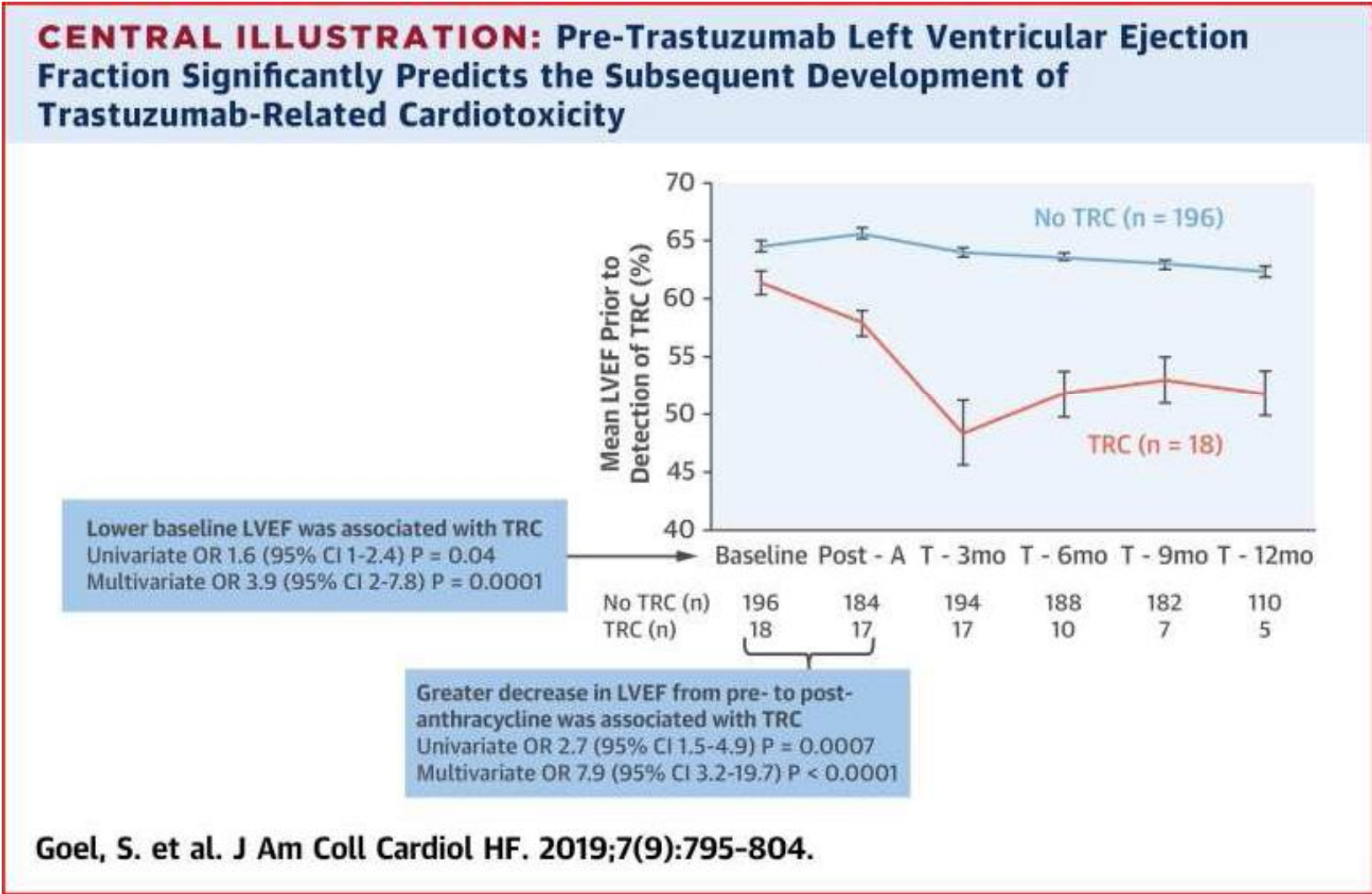


Risk Factors

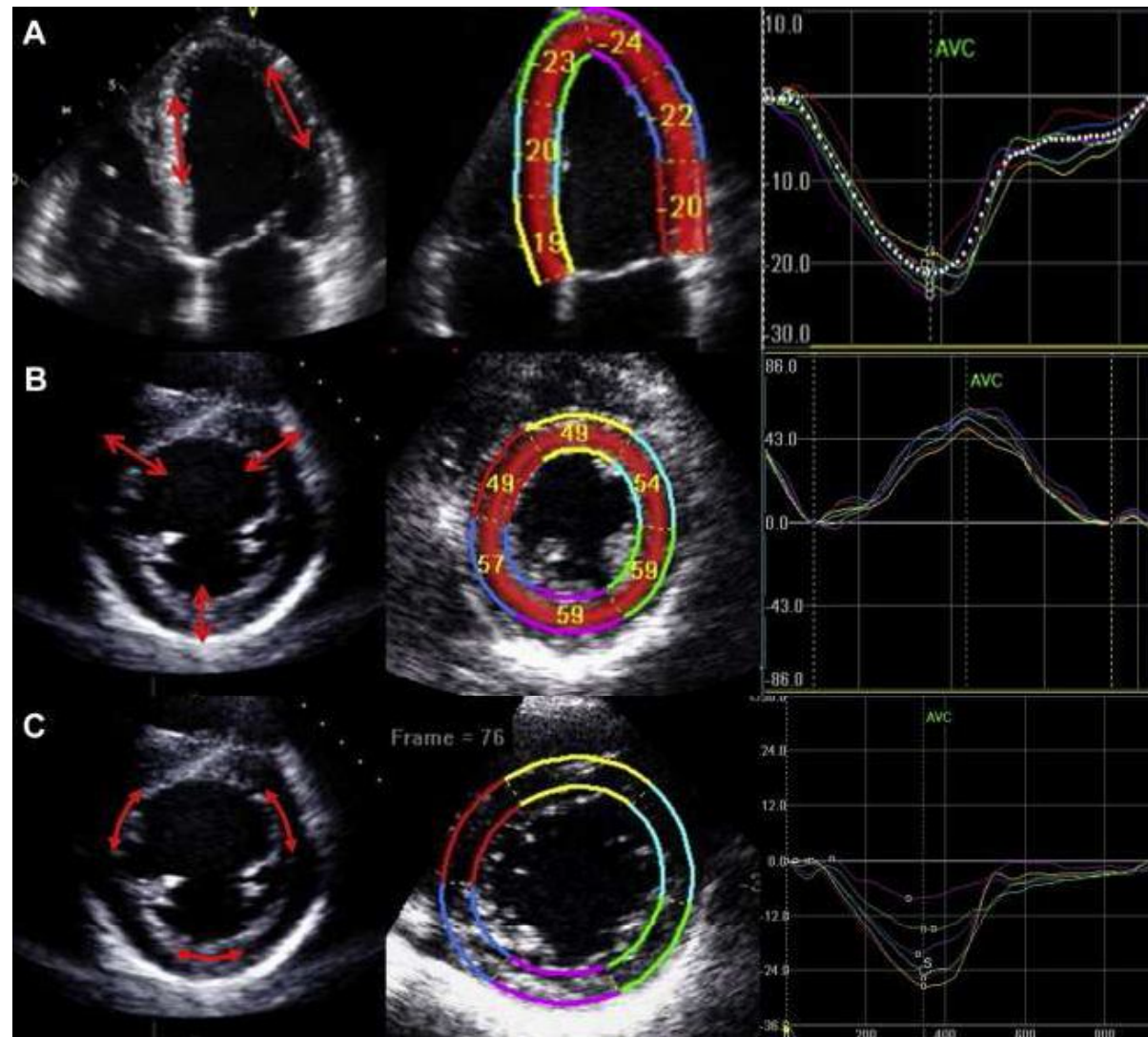
- LVEF<50
- HTN
- BMI>25
- Age>60

Azambuja et al. Breast Cancer Research and Treatment 2019

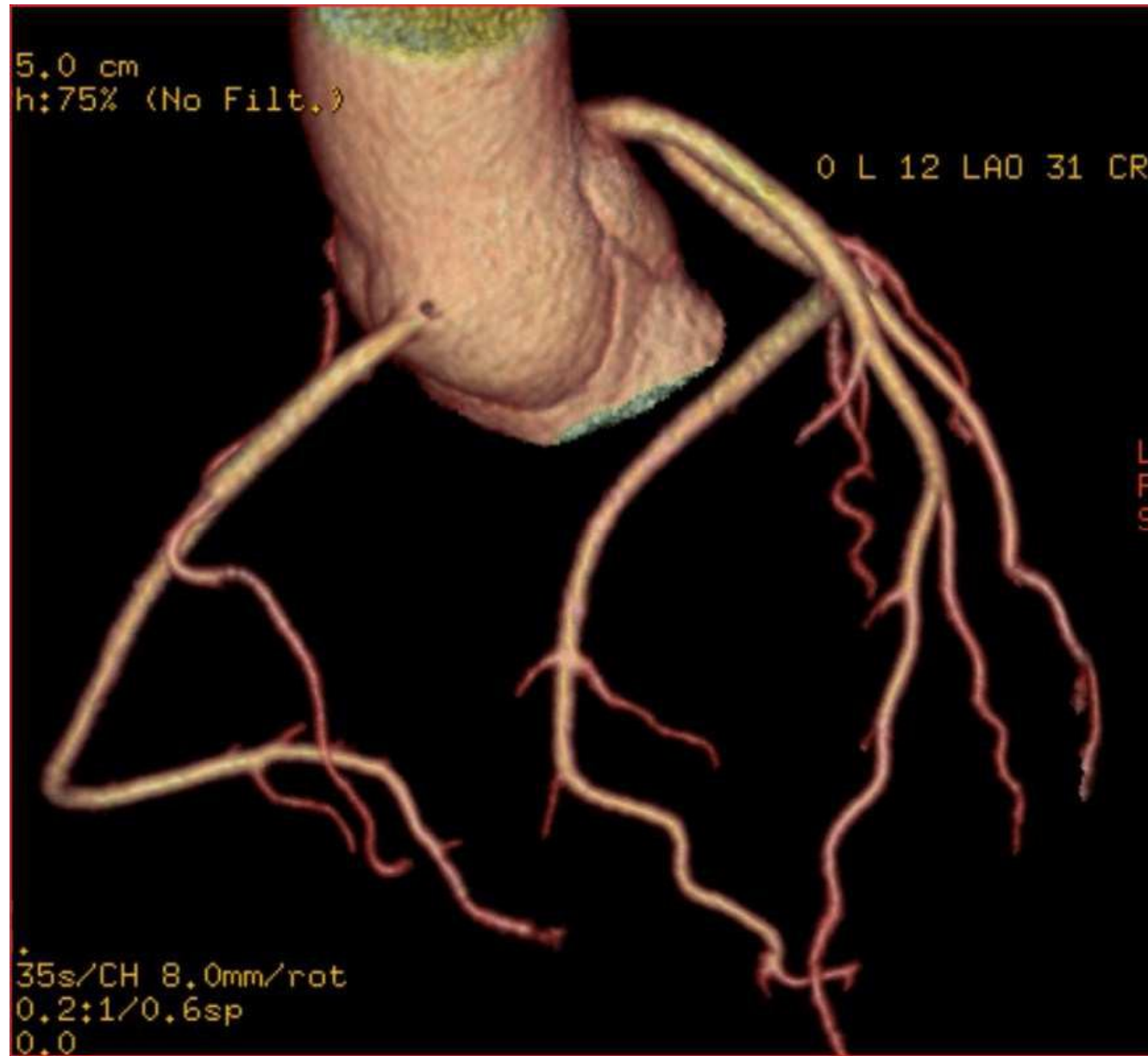
Baseline EF Predicts Cardiotoxicity



Strain Echocardiography

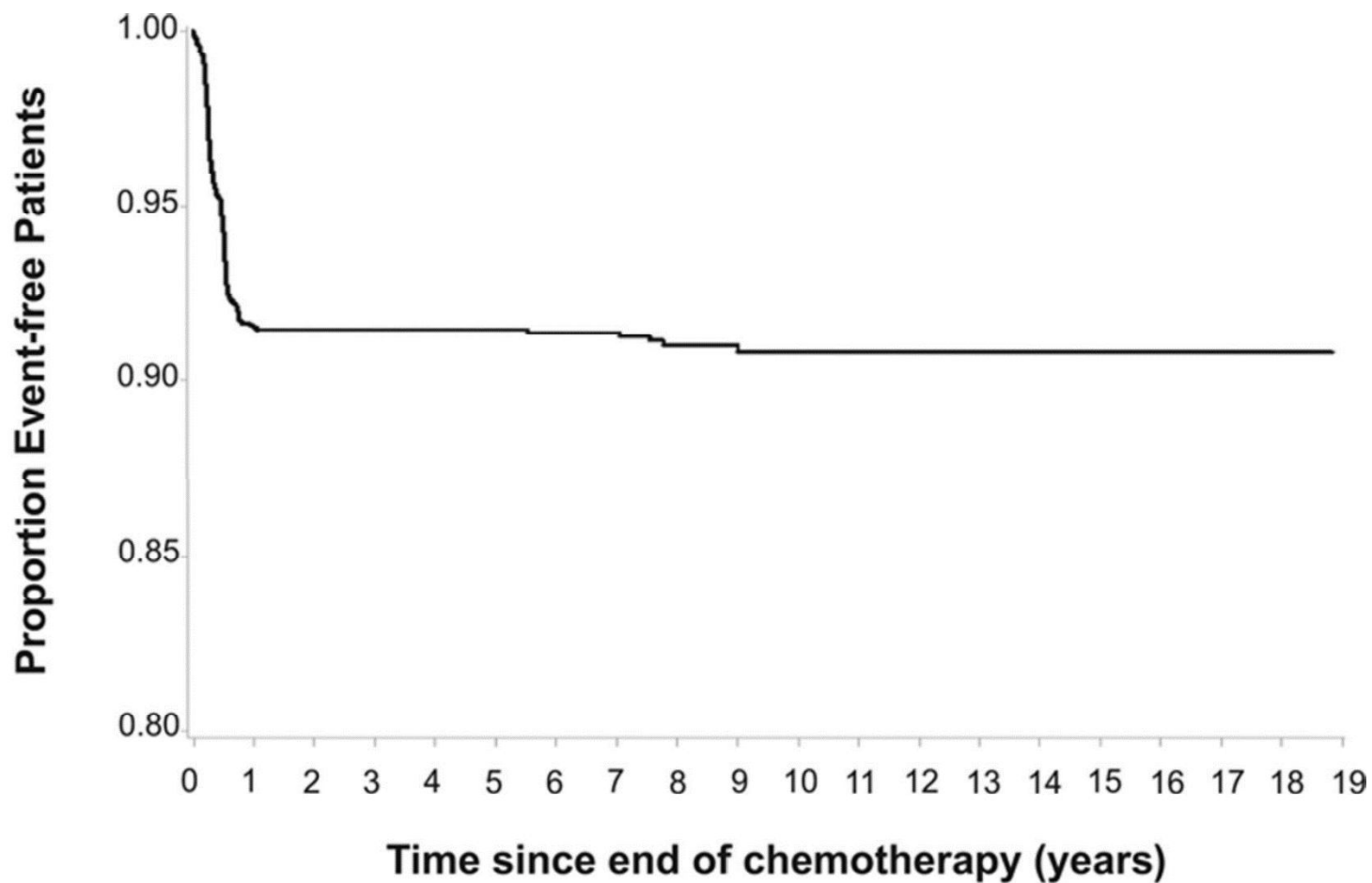


Thavendiranathan et al. *Circ Cardiovasc Imaging* 2013



Monitoramento

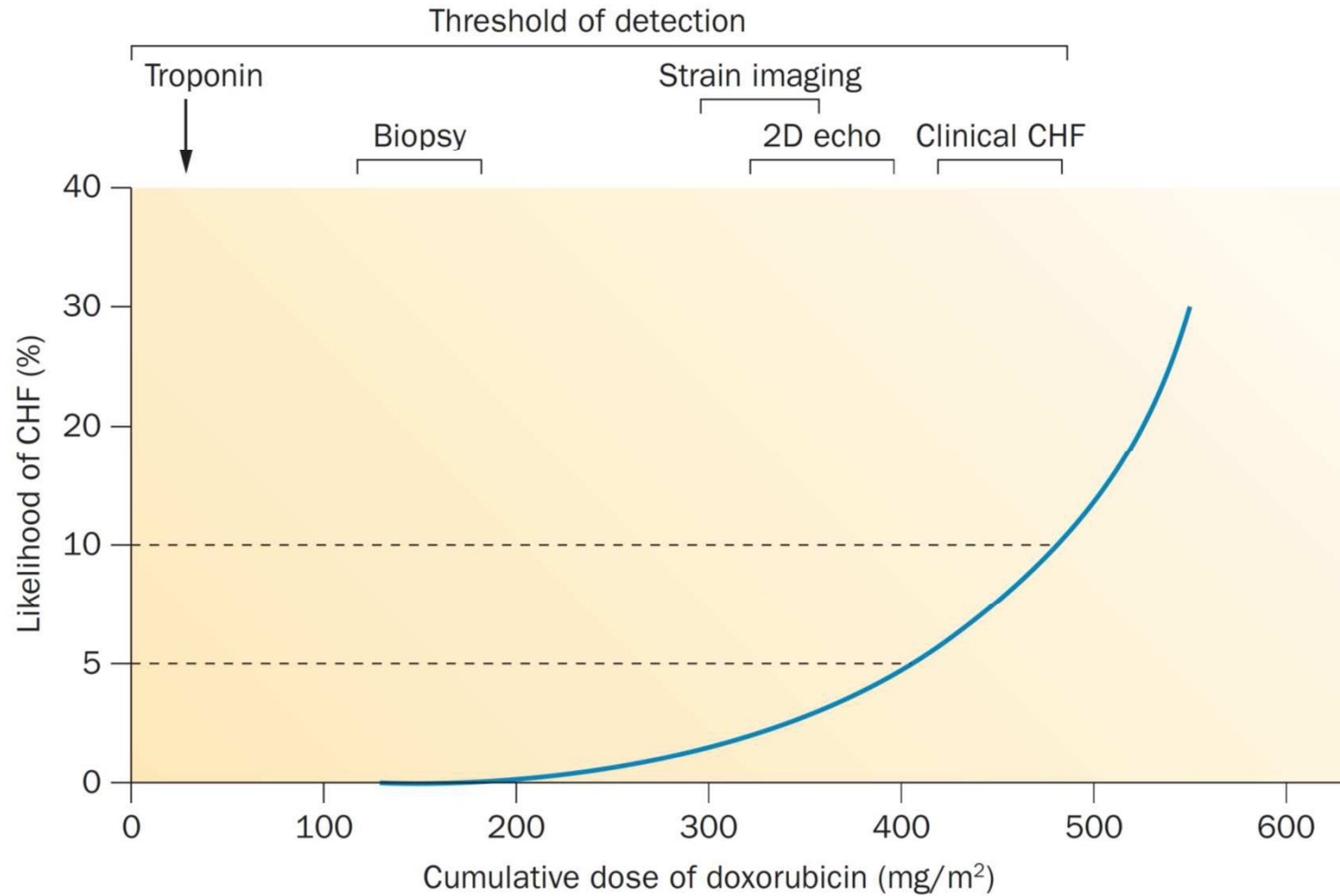
90% of Anthracycline Cardiotoxicity occurs in first year



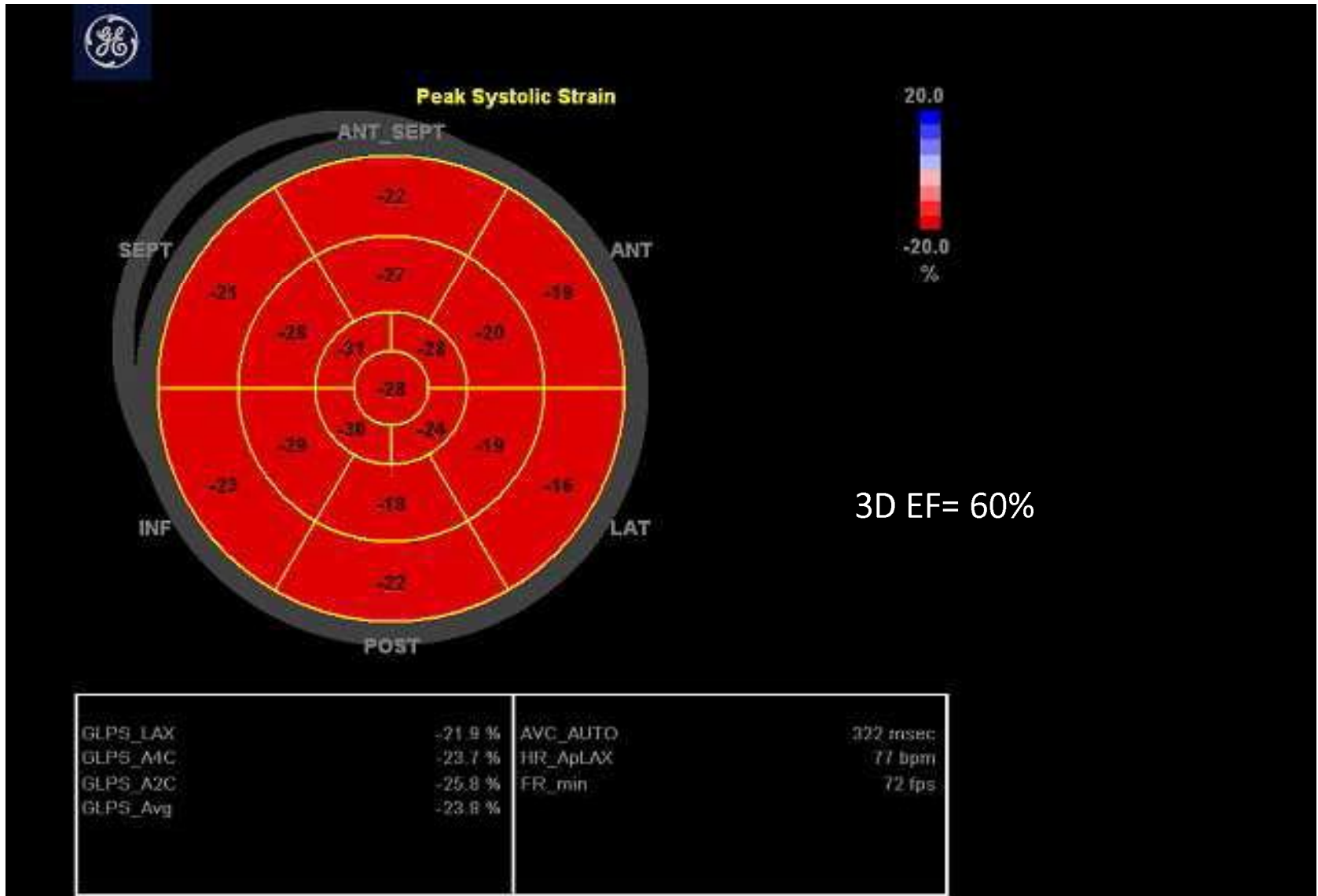
Pts.at risk (n) 2625 2266 1958 1716 1437 1291 1010 784 608 461 410 243 174 116 68 49 25 16 7 0

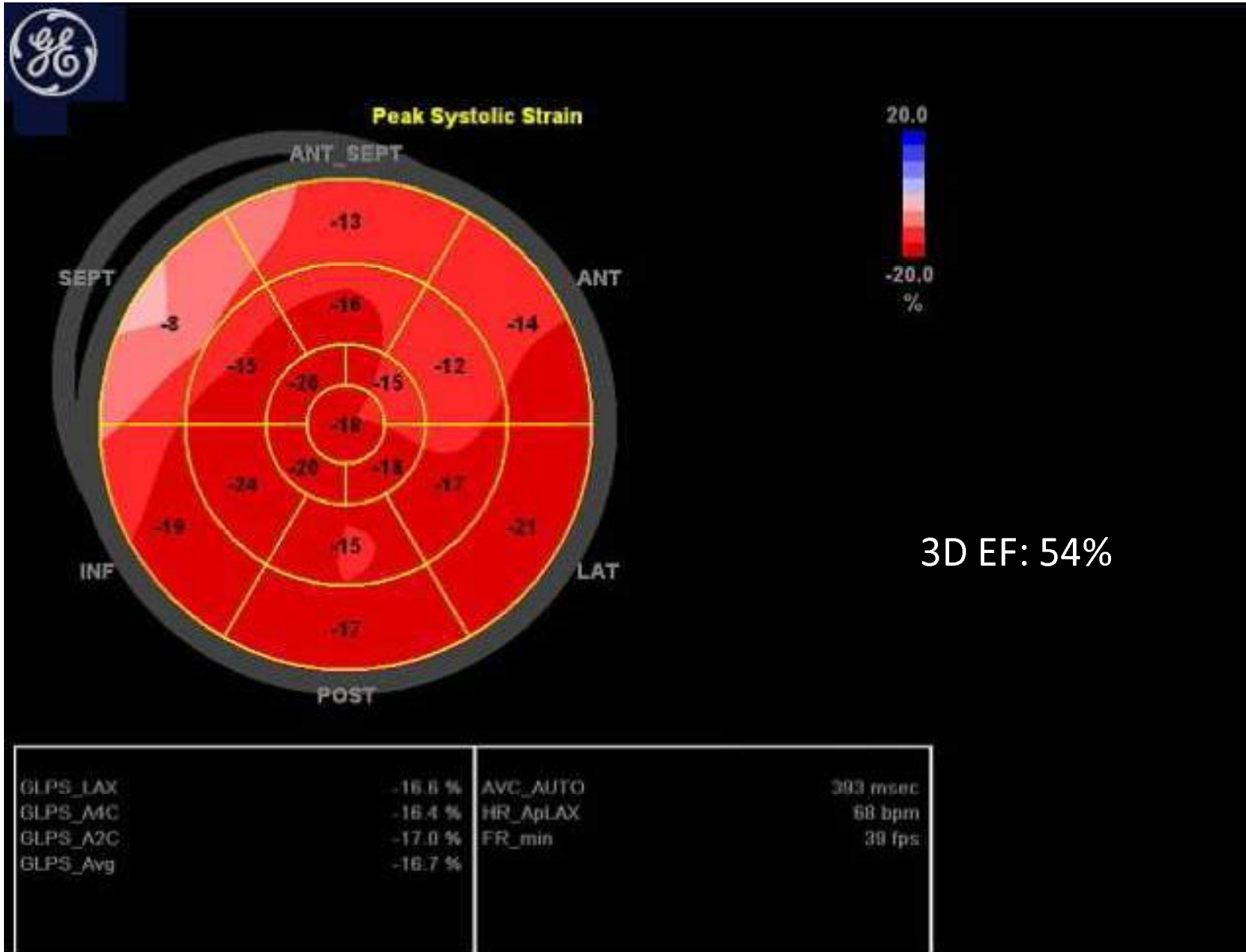
Cardinale et al. Circ 2015

Detection of Cardiotoxicity



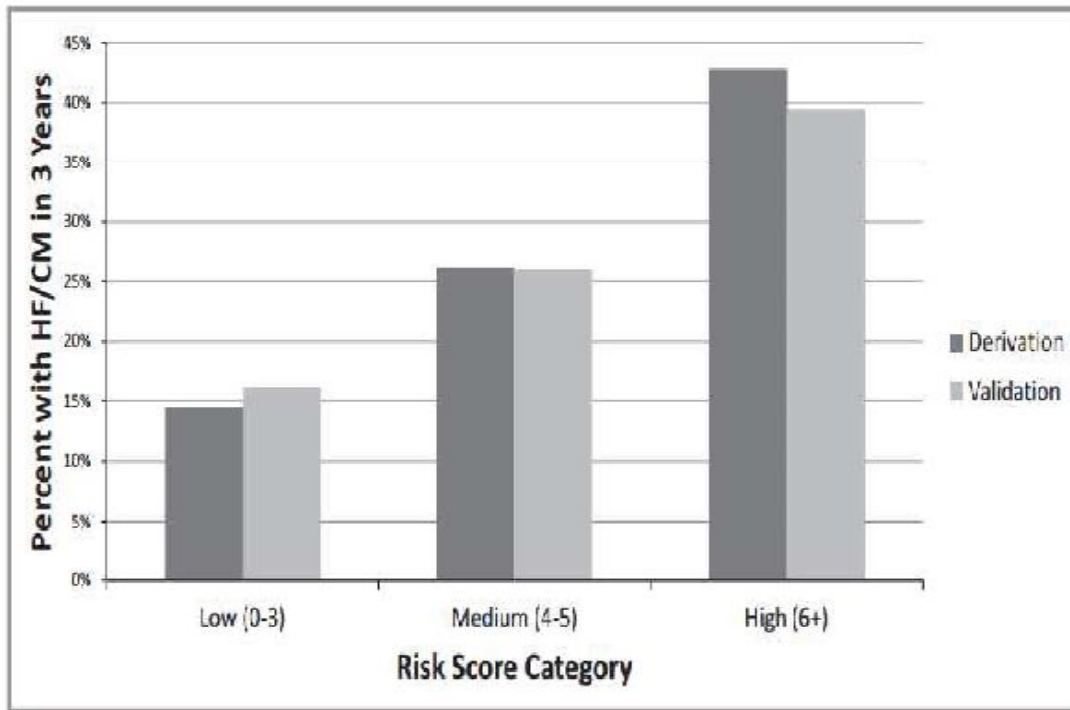
Ewer and Ewer. Nat Rev Onc. 2015





Risk factors for LVD/CHF with Trastuzumab

SEER Analysis of 1664 women



J Am Heart Assoc. 2014; 3: e000472

Risk Factor	Points Assigned
Adjuvant therapy	
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Cardiovascular conditions and risk factors	
Coronary artery disease	2
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Risk Score	Total	3 Years	
	N	N	%
0, 1, 2, or 3	595	86	14.5
4 or 5	195	51	26.2
6, 7, 8, or 9	42	18	42.9

Decreases in strain predict cardiotoxicity

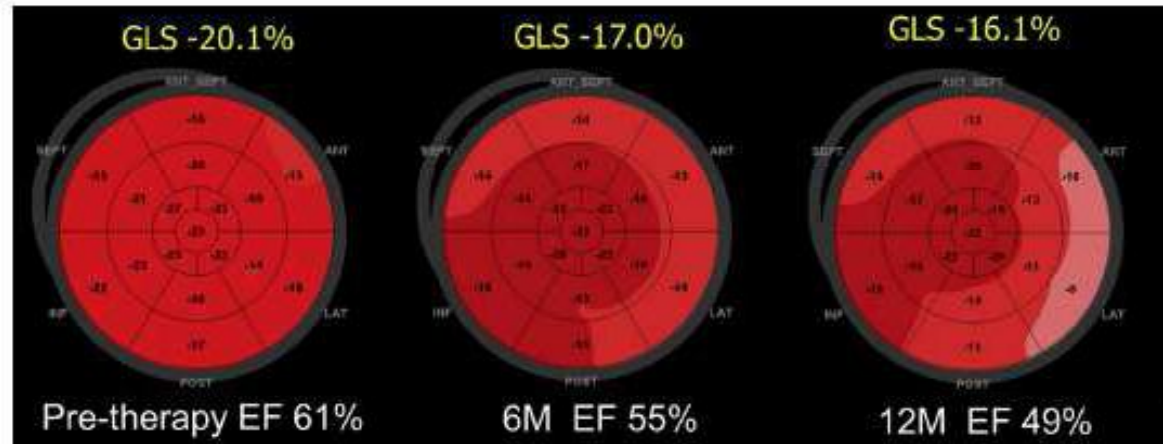


Figure 4 The Utility of Early Strain Changes to Predict Subsequent Cardiotoxicity

The images demonstrate a "bull's eye" plot of strain values for each of the 17 myocardial segments. A patient receiving cytotoxic chemotherapy had normal baseline strain and left ventricular (LV) ejection fraction (EF) (**left**). Six months into therapy, the LVEF dropped by 6% but did not meet criteria for cardiotoxicity. However, the peak systolic global longitudinal strain (GLS) fell by 15.4% (a significant change based on the literature). Then, by 12 months there was a clinically significant fall in LVEF meeting the criteria for cardiotoxicity. See [Online Videos 1, 2, and 3](#) for 4-chamber movie images demonstrating the changes in function. LVEF was calculated using the Biplane Simpson's method. 6M = 6 months; 12M = 12 months.

Thavendiranathan et al. JACC July 2014

Cardiac MRI and Cardiotoxicity Detection

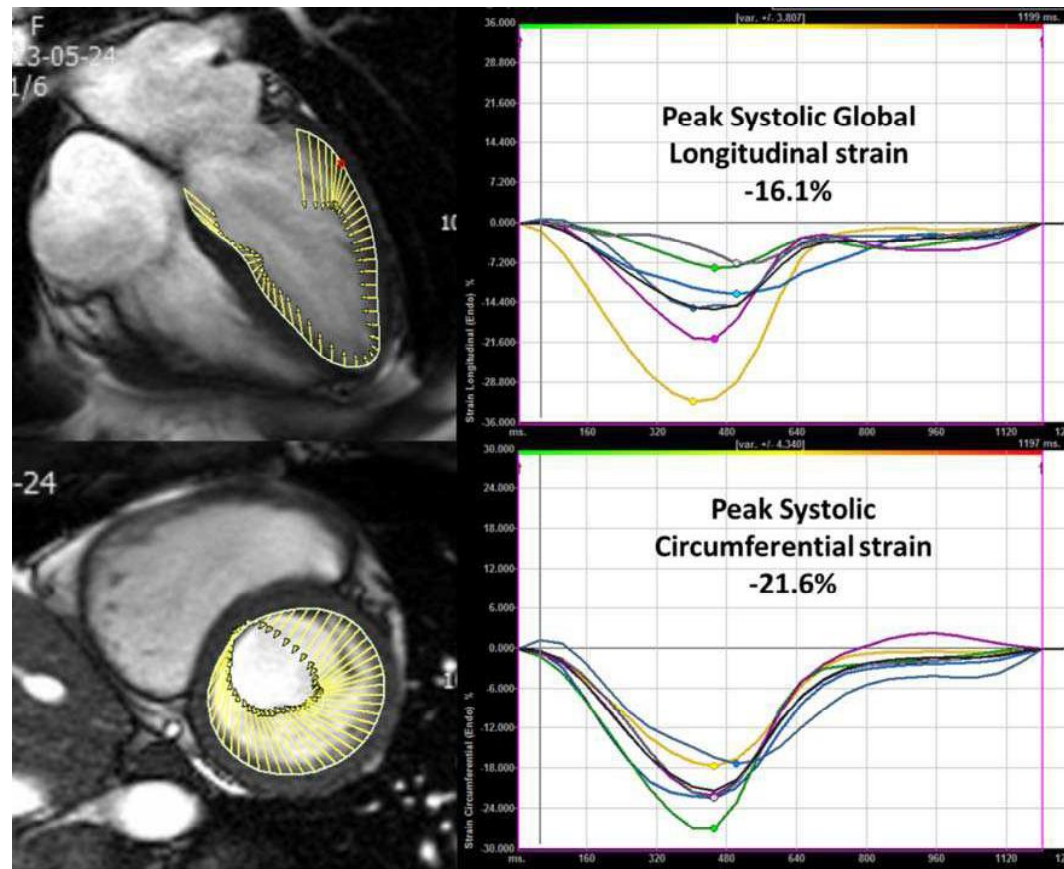
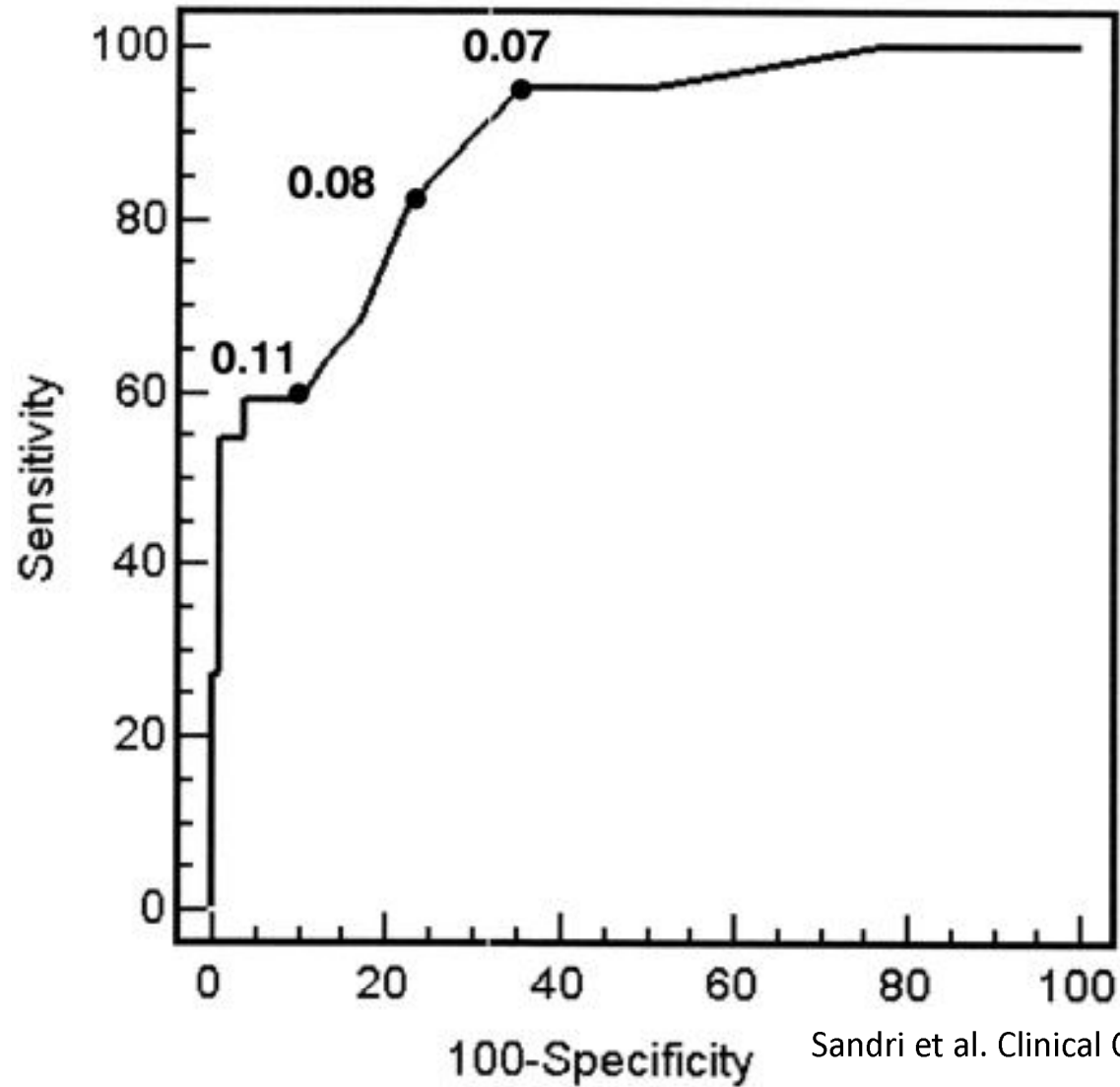


Table 6. Potential Clinical Uses of CMR for Assessment of Cardiac Consequences of Cancer Chemotherapy at Various Stages of Toxicity

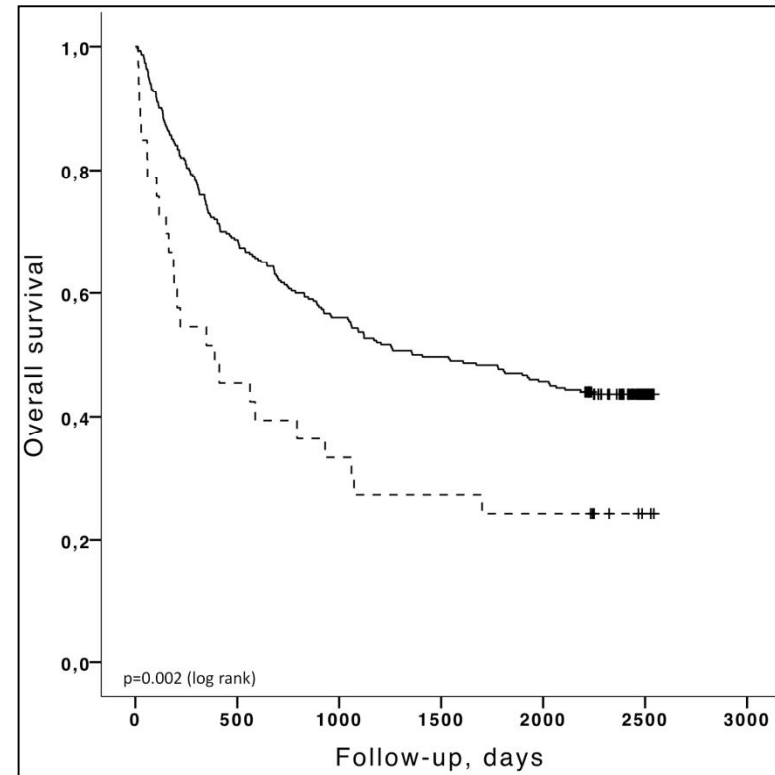
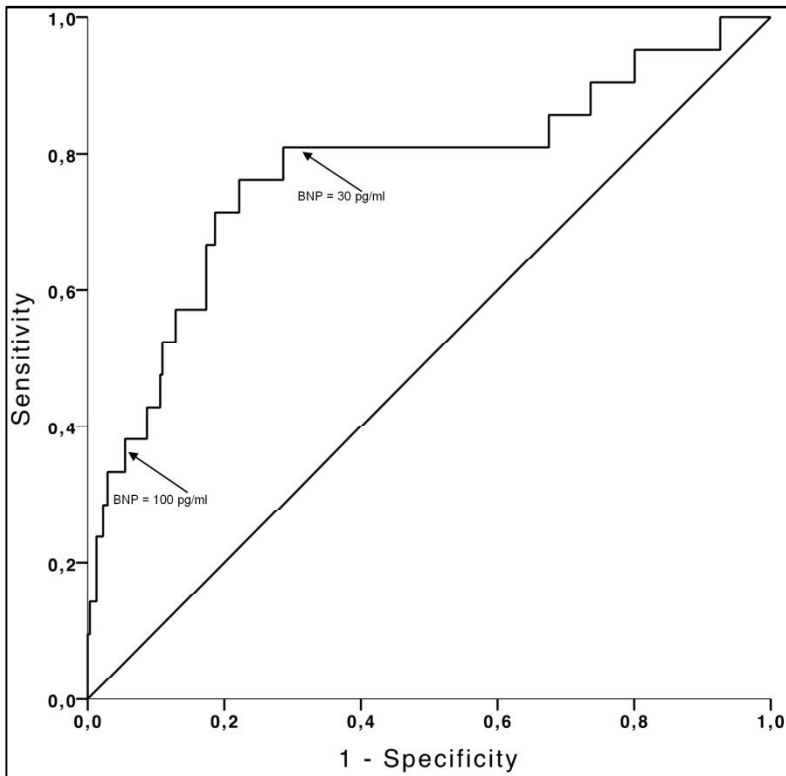
	EGE	T2	T1	ECV	Arterial Stiffness	LGE	LV Volume	LVEF
Early injury	✓	✓	+/-	+/-			✓	
Toxicity during or early post-therapy					✓	✓	✓	✓
Late cardiotoxicity				✓		✓	✓	✓

ROC curve for cTnI as marker of cardiotoxicity



Sandri et al. Clinical Chemistry. 2003(49):248-252

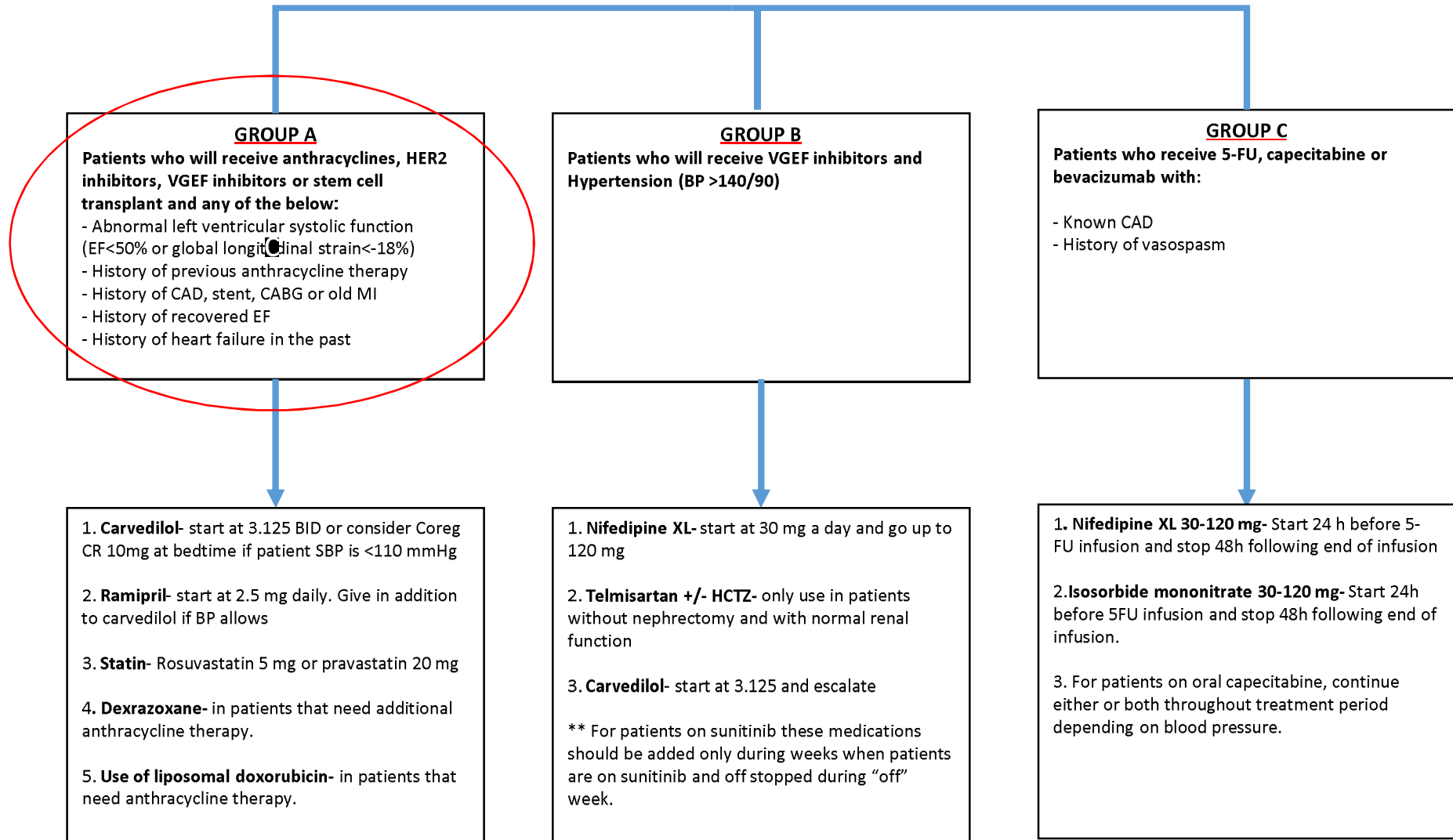
BNP predicts cardiotoxicity and death in patients with cancer



Skovgaard et al. PLOS one 2014

PREVENTION

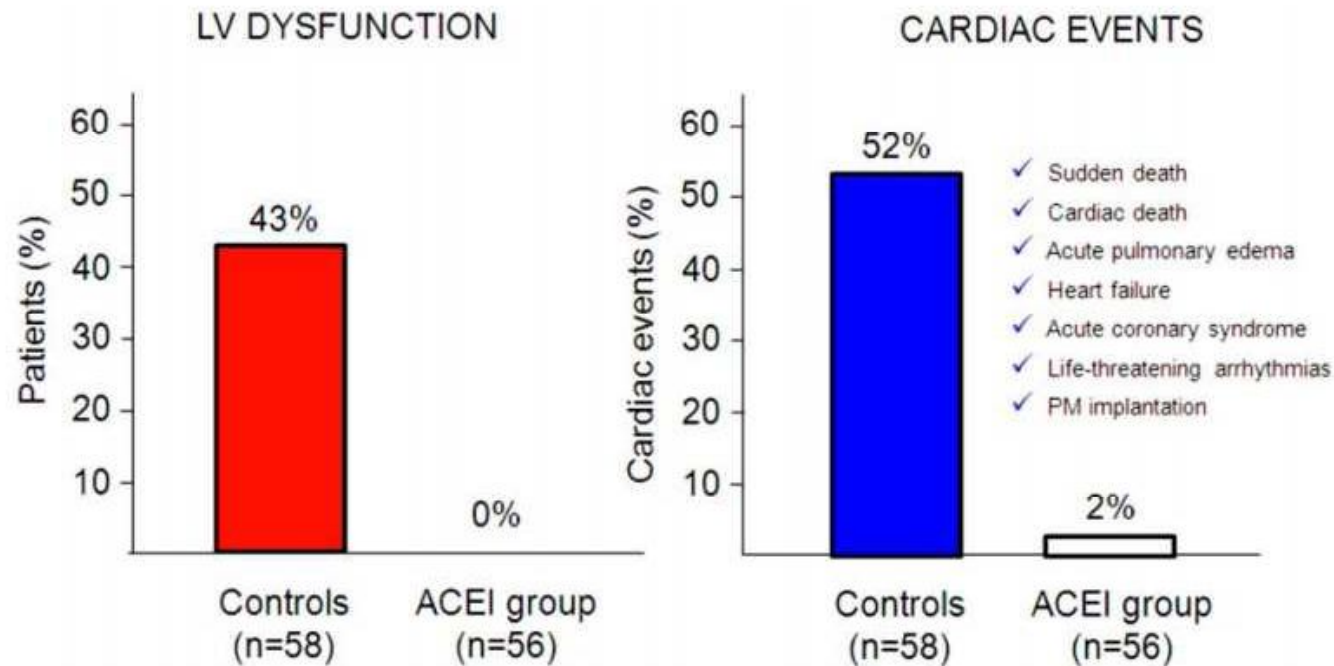
Cardiotoxicity prophylaxis in high-risk patients



UH Cardio-oncology protocols 2016

ACE-I can reduce cardiac events from anthracyclines

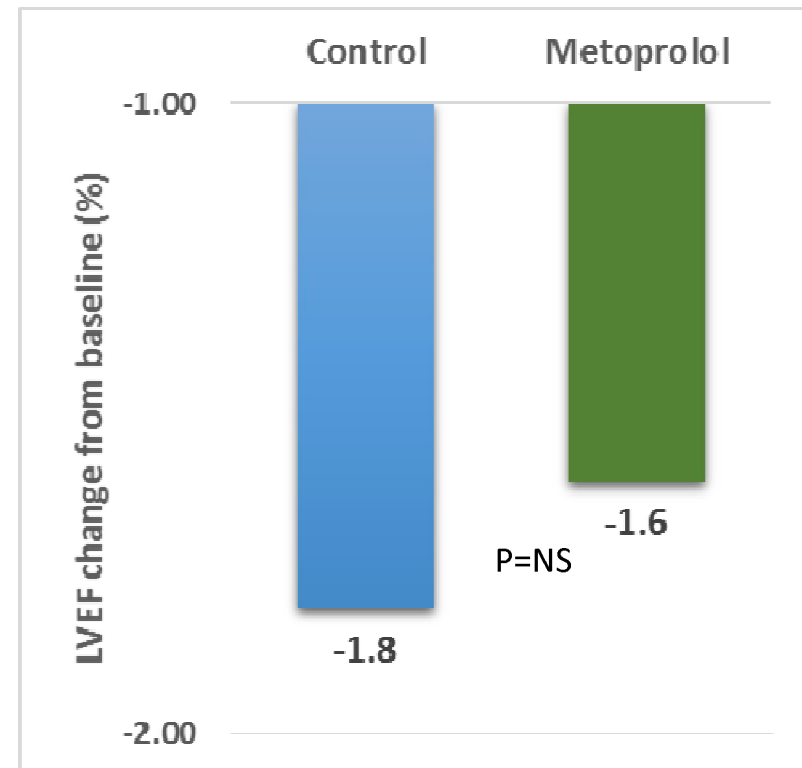
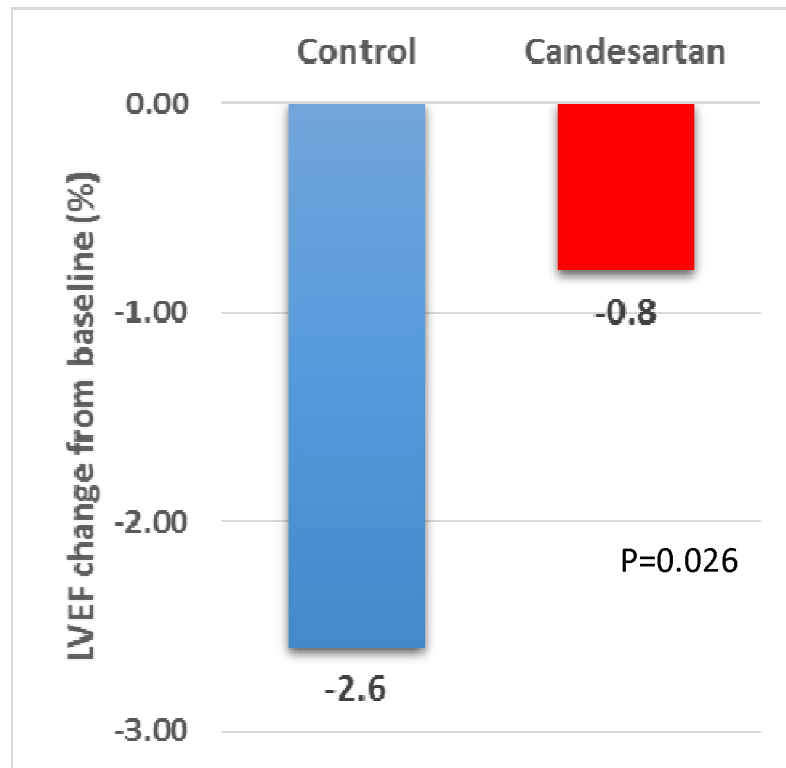
114 women with troponin increase after chemotherapy



Cardinale et al. Circ 2006

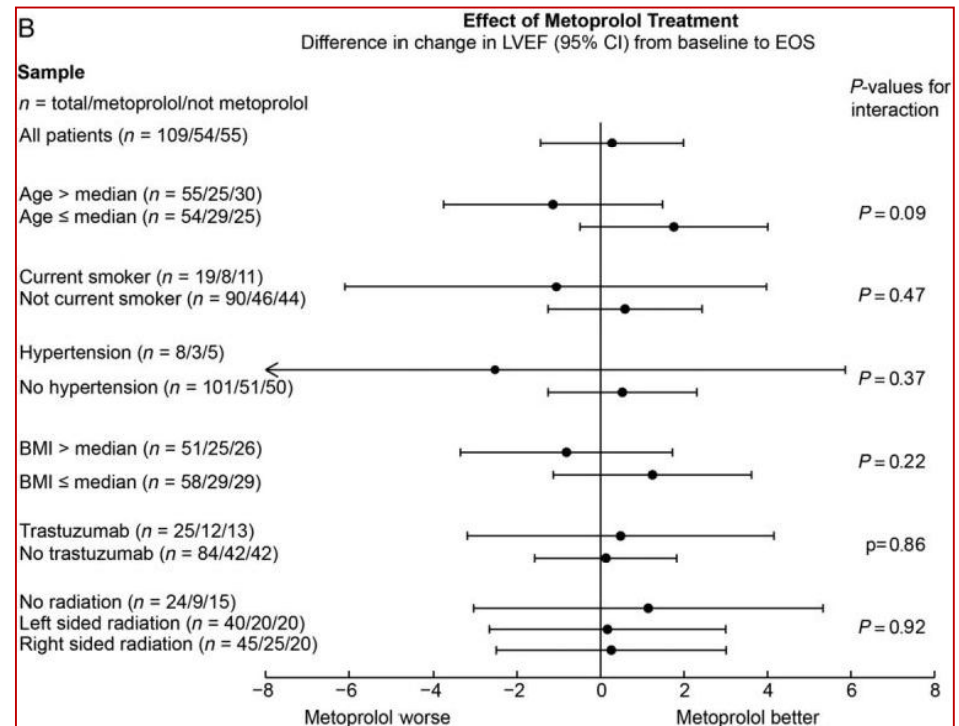
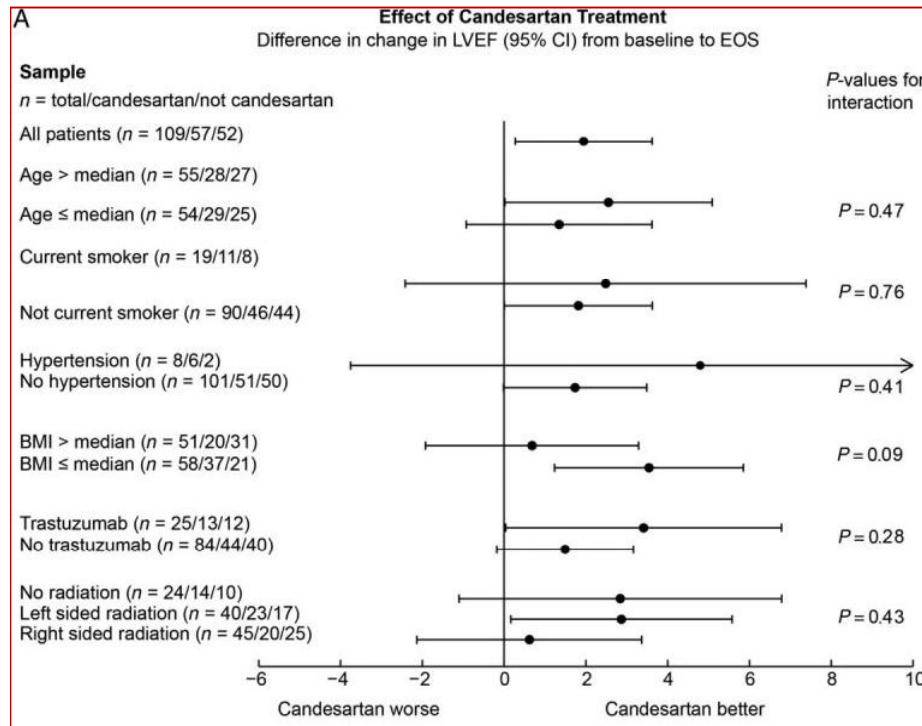
Prevention of cardiotoxicity in Breast Cancer (PRADA Trial)

130 women with breast cancer, randomized to metoprolol/candesartan (2x2)

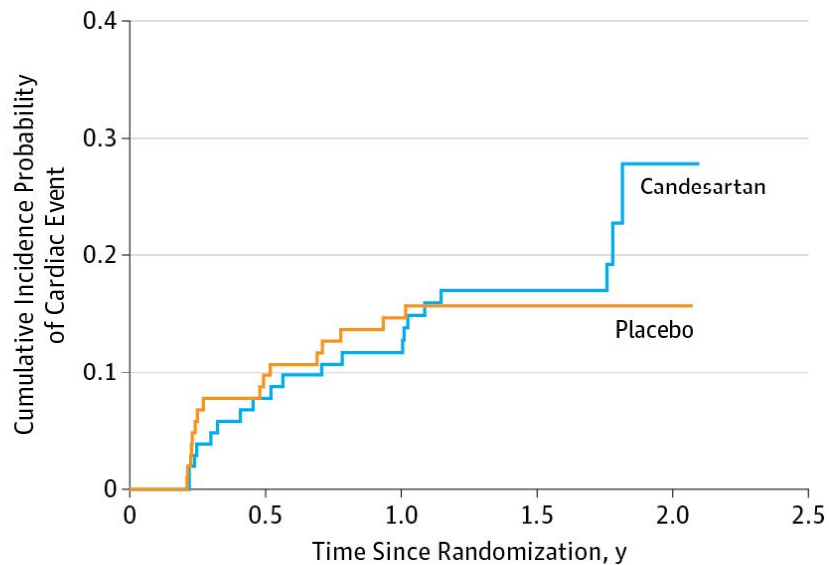


Gulati et al. Eur Heart J 2016

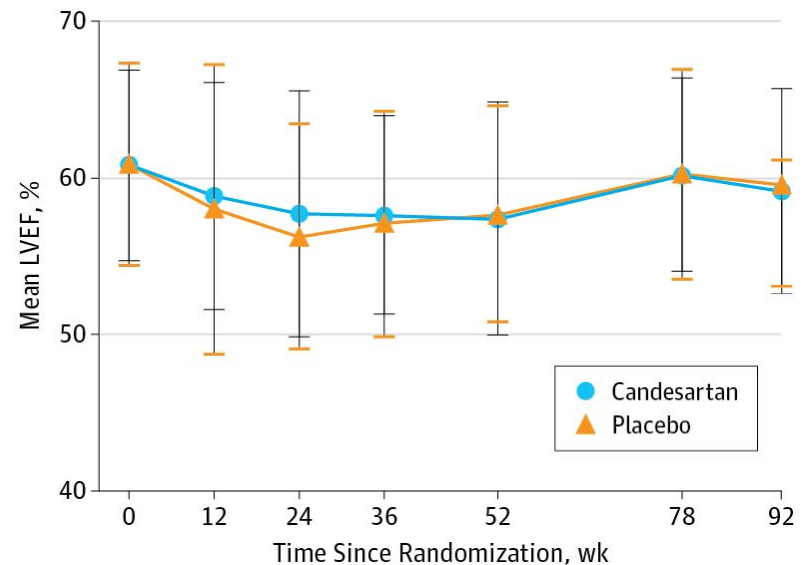
Prevention of cardiac dysfunction during adjuvant breast cancer therapy (PRADA)



Candesartan does not decrease cardiotoxicity in patients undergoing treatment with trastuzumab



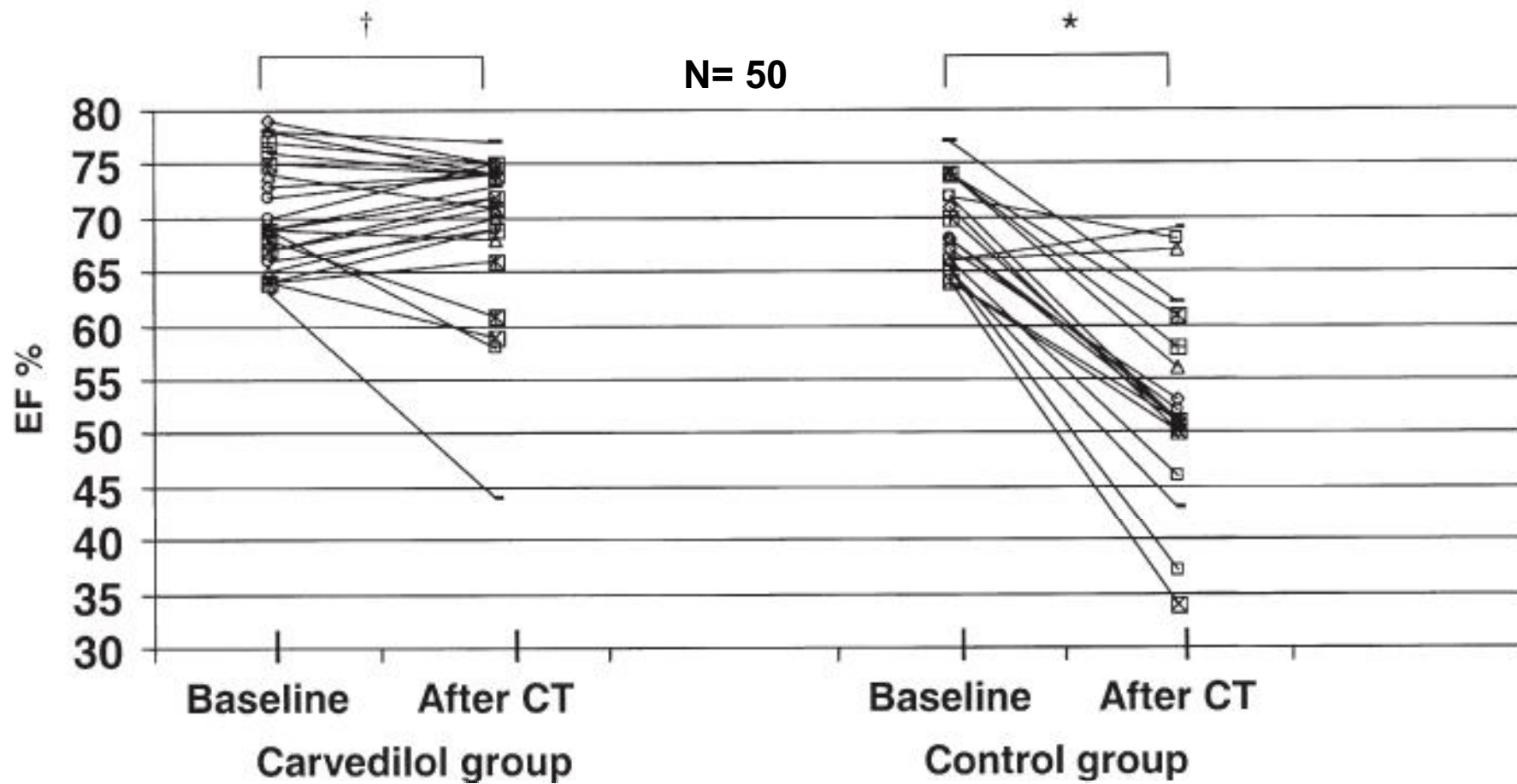
No. at risk	0	0.5	1.0	1.5	2.0	2.5
Candesartan	103	93	84	68	1	0
Placebo	103	92	85	83	4	0



No. at risk	0	12	24	36	52	78	92
Candesartan	103	101	100	97	99	85	75
Placebo	103	101	102	96	95	88	84

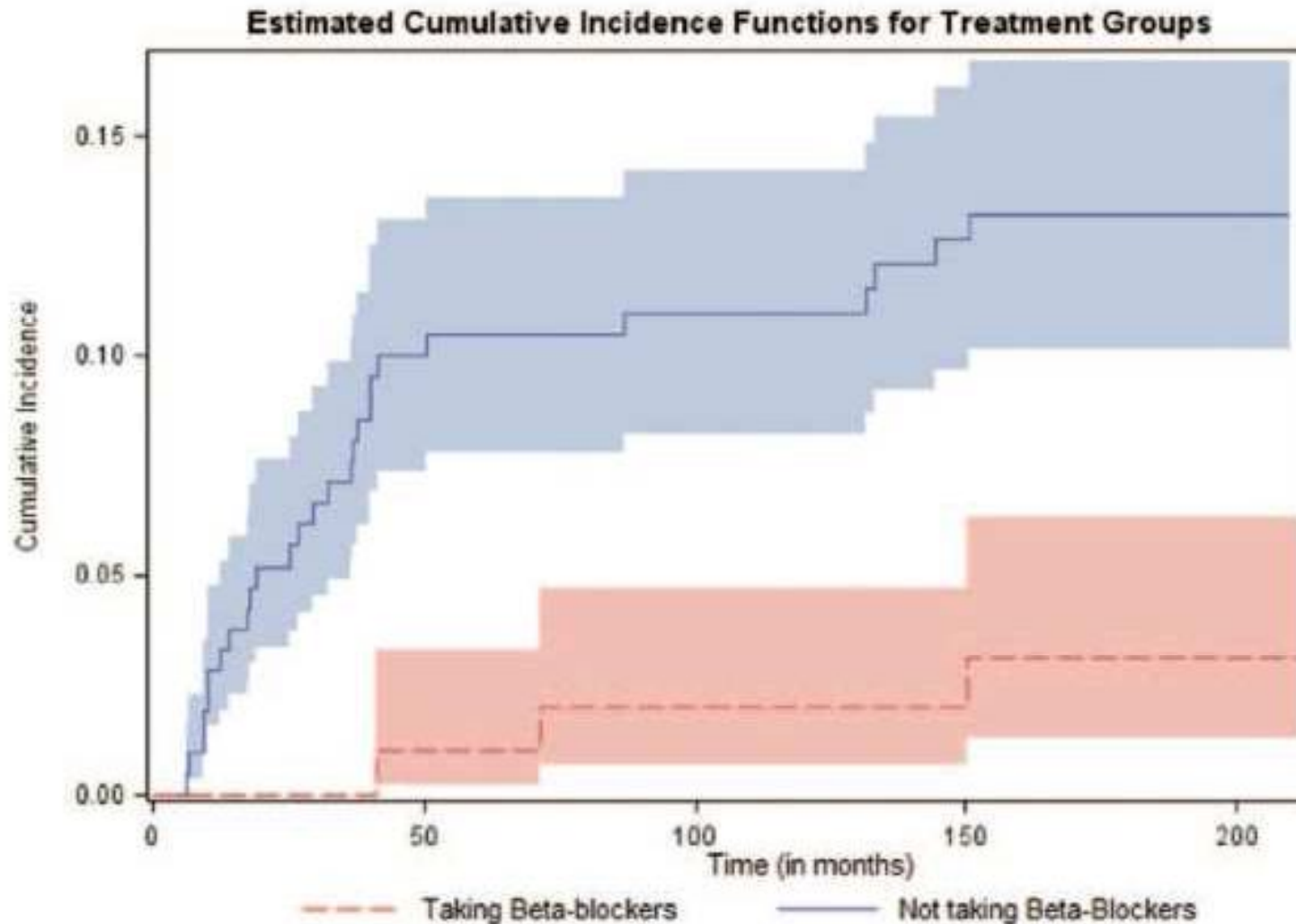
Boekhout et al. JAMA Onc 2016

Carvedilol for cardioprotection



Kalay et al. JACC Dec 2006

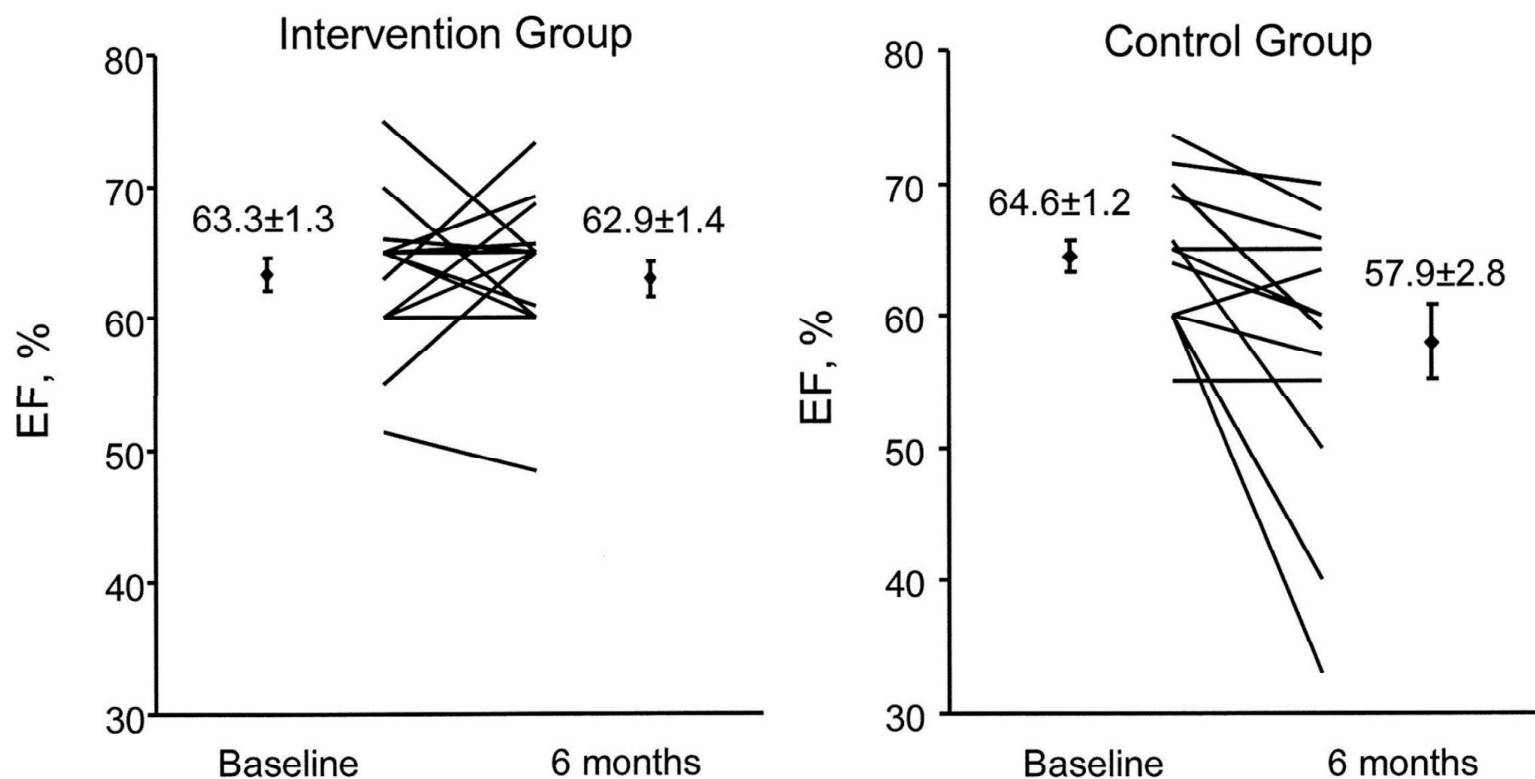
Cardioprotective effects of BB



Seicean et al. Circ Heart Fail. May 2013

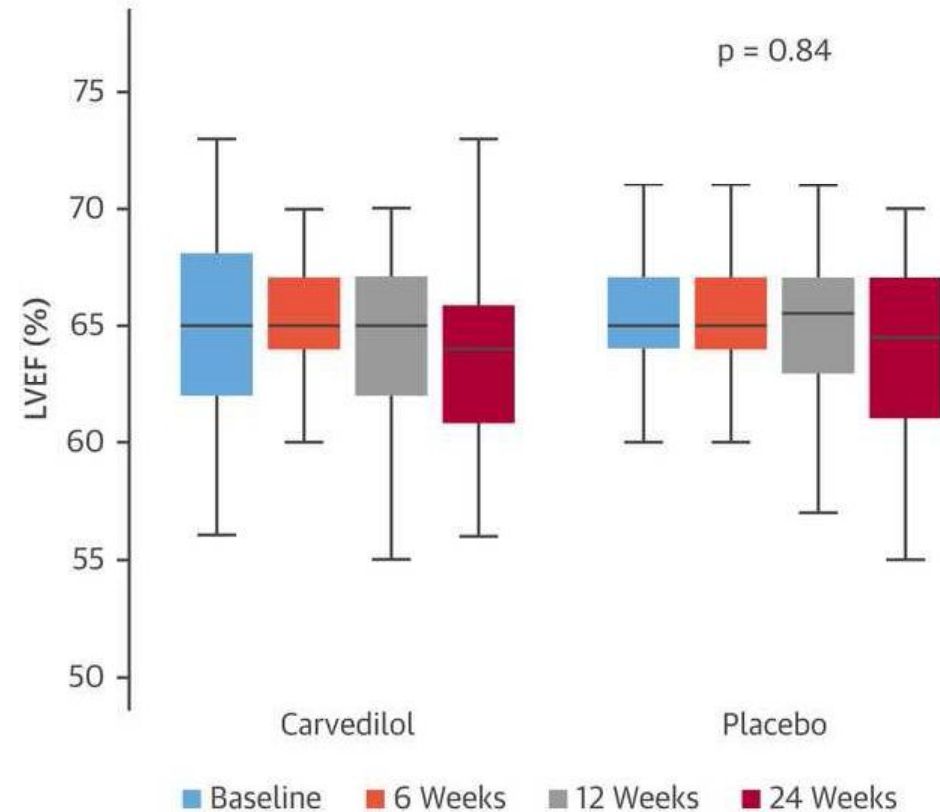
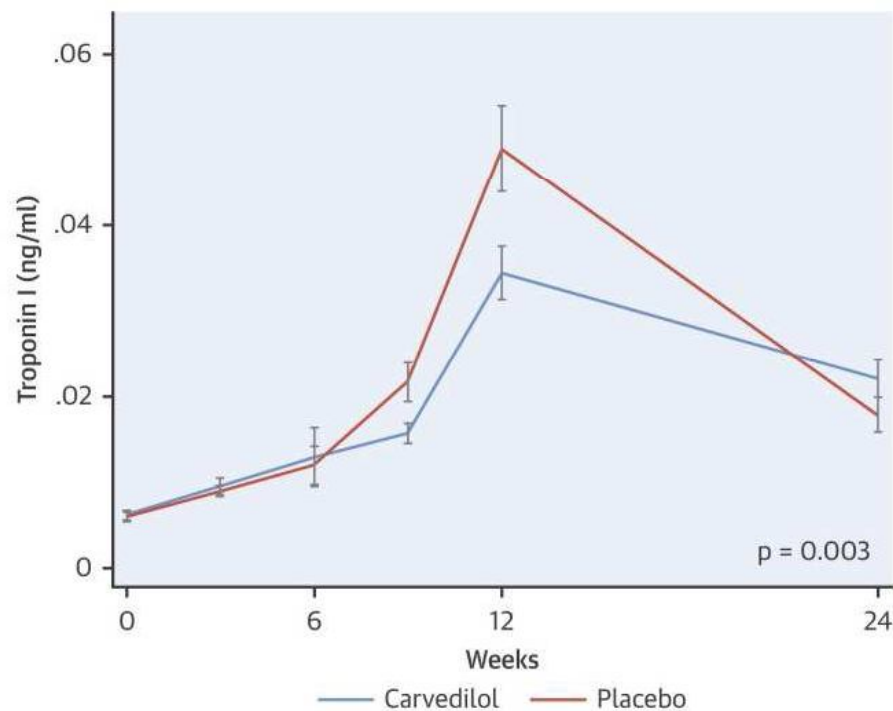
Prevention of cardiotoxicity in hematological malignancy: OVERCOME Trial

90 patients with hematological malignancies randomized to Enalapril + Carvedilol

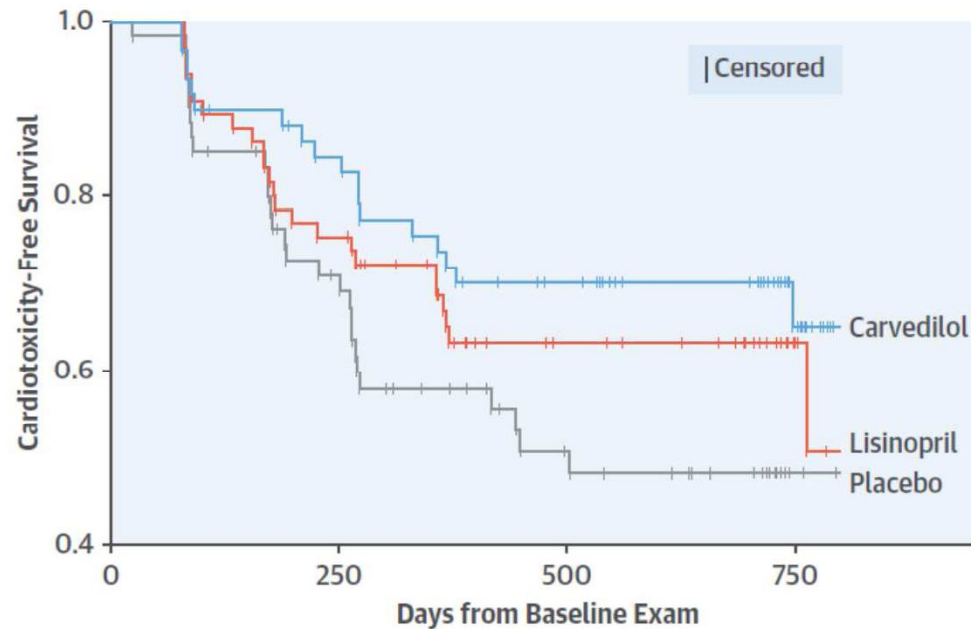


Bosch et al. JACC 2013

Carvedilol for Prevention of Chemotherapy-Related Cardiotoxicity: The CECCY Trial



CENTRAL ILLUSTRATION Cardiotoxicity-Free Survival for the Cohort With Trastuzumab and Anthracycline Exposure



No. at Risk:				
Carvedilol	59	47	34	13
Lisinopril	65	49	27	8
Placebo	60	38	20	4

Guglin, M. et al. *J Am Coll Cardiol.* 2019;73(22):2859-68.

Kaplan-Meier curves show protective effect of both lisinopril and carvedilol. The hazard ratio for development of cardiotoxicity was 0.49 (95% confidence interval: 0.27 to 0.89) for carvedilol ($p = 0.009$) and 0.53 (95% confidence interval: 0.30 to 0.94) for lisinopril ($p = 0.015$).

Perindopril and Bisoprolol

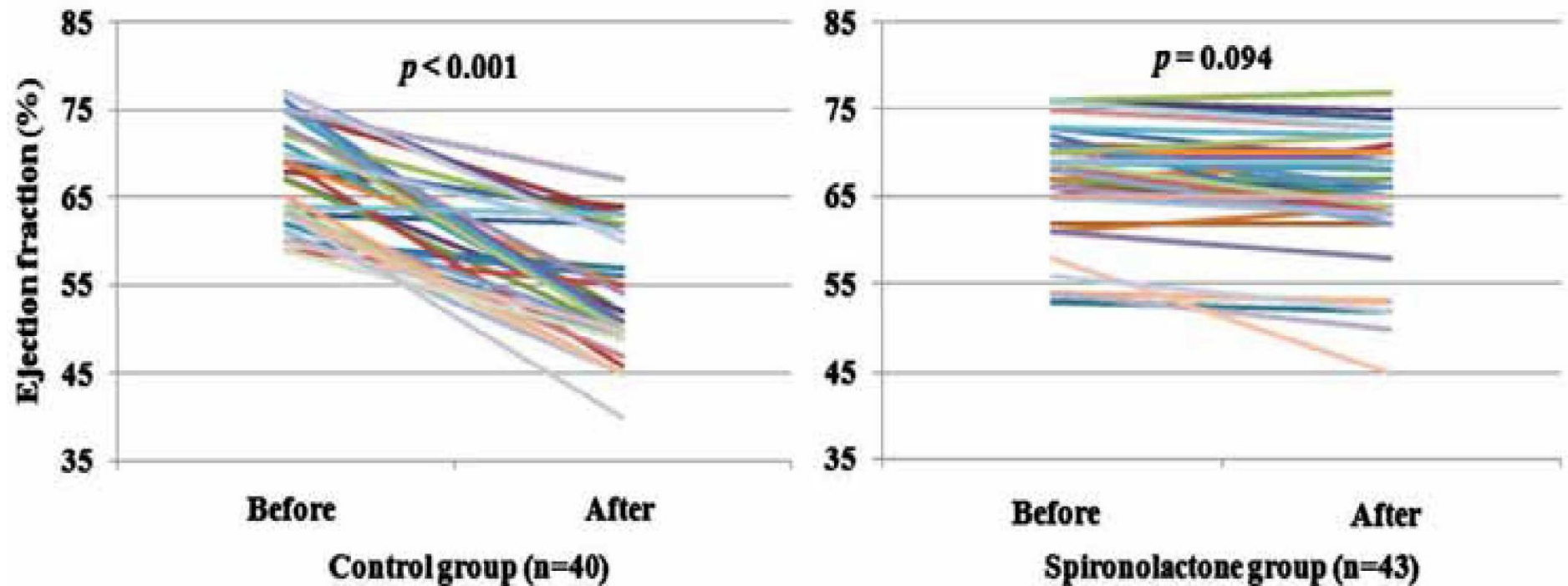
Table 3. Cardiac Magnetic Resonance Imaging Measures Throughout Trastuzumab Therapy

Measure	Placebo (n = 30)	Perindopril (n = 33)	Bisoprolol (n = 31)	ANOVA P
LVEDVi, mL/m²				
Baseline	76 ± 13*	67 ± 14	69 ± 10	.01
Post-cycle 4	77 ± 10	71 ± 16†	76 ± 11†	.09
Change from baseline	+2 ± 9	+4 ± 9	+7 ± 8	.07
Post-cycle 17	79 ± 12	74 ± 16†	76 ± 14†	.27
Change from baseline	+4 ± 11	+7 ± 14	+8 ± 9	.36
LVEF, %				
Baseline	61 ± 5	62 ± 5	62 ± 4	.55
Post-cycle 4	54 ± 5*†	59 ± 6†	59 ± 4†	< .001
Change from baseline	-7 ± 5*	-4 ± 4	-4 ± 5	.01
Post-cycle 17	56 ± 4*†	59 ± 6†	61 ± 4	< .001
Change from baseline	-5 ± 5*	-3 ± 4	-1 ± 5	.001
LVESVi, mL/m²				
Baseline	30 ± 7*	25 ± 6	26 ± 5	.01
Post-cycle 4	35 ± 7*†	29 ± 8†	31 ± 5†	.002
Change from baseline	6 ± 5	4 ± 5	5 ± 5	.31
Post-cycle 17	35 ± 8*†	30 ± 8†	30 ± 6†	.006
Change from baseline	6 ± 5	5 ± 6	4 ± 4	.37
LV MASSi, g/m²				
Baseline	53 ± 8	52 ± 7	51 ± 7	.62
Post-cycle 4	55 ± 8†	53 ± 7	53 ± 8	.28
Change from baseline	2 ± 5	1 ± 5	1 ± 5	.58
Post-cycle 17	53 ± 8	52 ± 8	52 ± 6	.61
Change from baseline	0 ± 7	0 ± 5	1 ± 5	.91

NOTE. All values expressed as means ± SD unless indicated.
 Abbreviations: LVEDVi, indexed left ventricular end diastolic volume; LVEF, left ventricular ejection fraction; LVESVi, indexed left ventricular end systolic volume; LV MASSi, indexed left ventricular mass.
 *P < 0.05 compared with other groups.
 †P < 0.05 from baseline.

Pituskin et al. JCO 2017

Spironolactone for Cardiotoxicity?



Akpek et al. Eur J Heart Fail. 2015

Meta-Analysis for Prevention with Neurohormonal inhibitors

Weighted Mean Difference (WMD)

Study Year Therapy

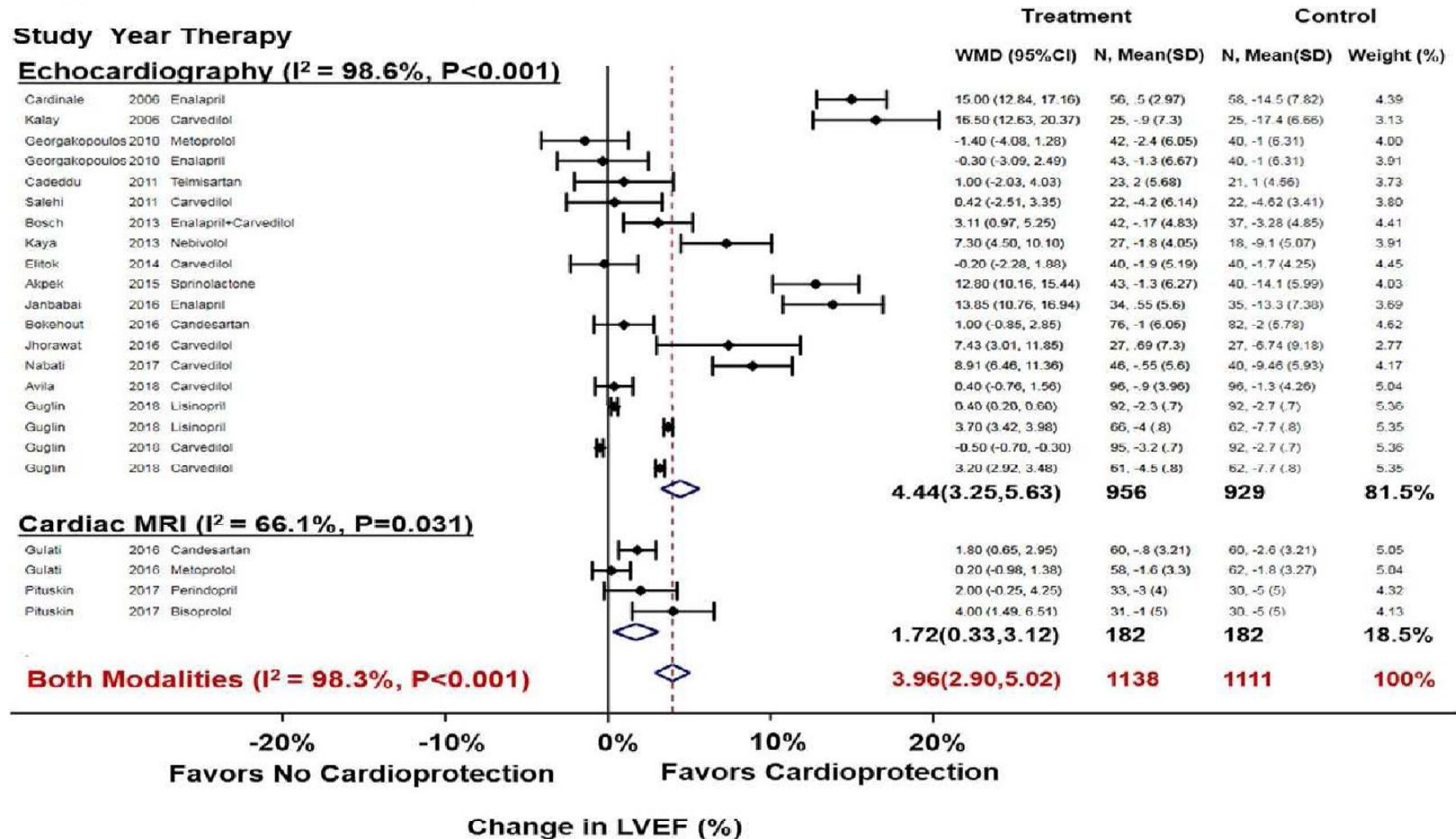
Echocardiography ($I^2 = 98.6\%$, $P < 0.001$)

Study	Year	Therapy
Cardinale	2006	Enalapril
Kalay	2006	Carvedilol
Georgakopoulos	2010	Metoprolol
Georgakopoulos	2010	Enalapril
Caicedo	2011	Telmisartan
Salehi	2011	Carvedilol
Bosch	2013	Enalapril+Carvedilol
Kaya	2013	Nebivolol
Elitok	2014	Carvedilol
Akpek	2015	Sprinolactone
Janbabai	2016	Enalapril
Bokehout	2016	Candesartan
Jhorawat	2016	Carvedilol
Nabati	2017	Carvedilol
Avila	2018	Carvedilol
Guglin	2018	Lisinopril
Guglin	2018	Lisinopril
Guglin	2018	Carvedilol
Guglin	2018	Carvedilol

Cardiac MRI ($I^2 = 66.1\%$, $P = 0.031$)

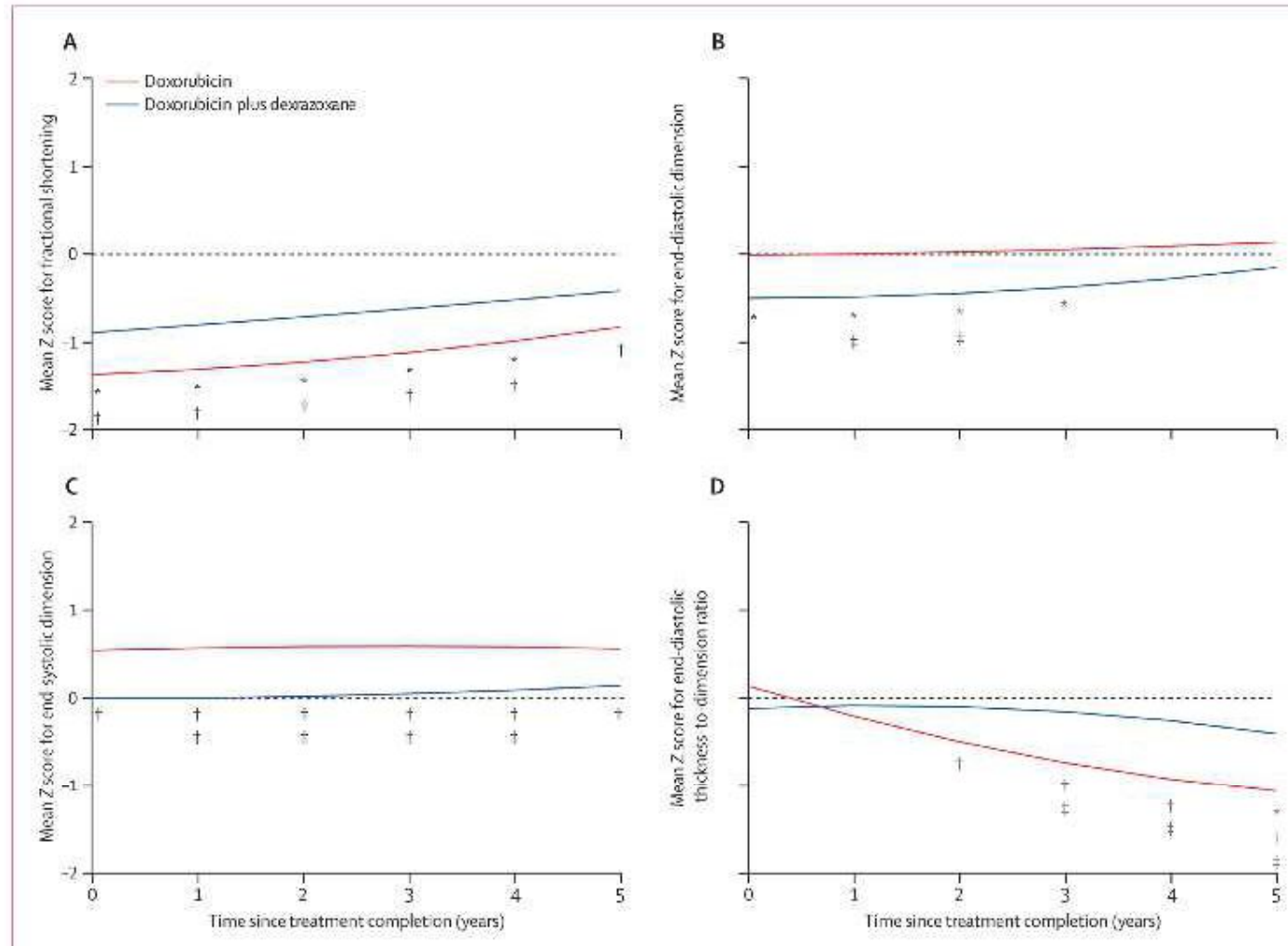
Study	Year	Therapy
Gulati	2016	Candesartan
Gulati	2016	Metoprolol
Pituskin	2017	Perindopril
Pituskin	2017	Bisoprolol

Both Modalities ($I^2 = 98.3\%$, $P < 0.001$)



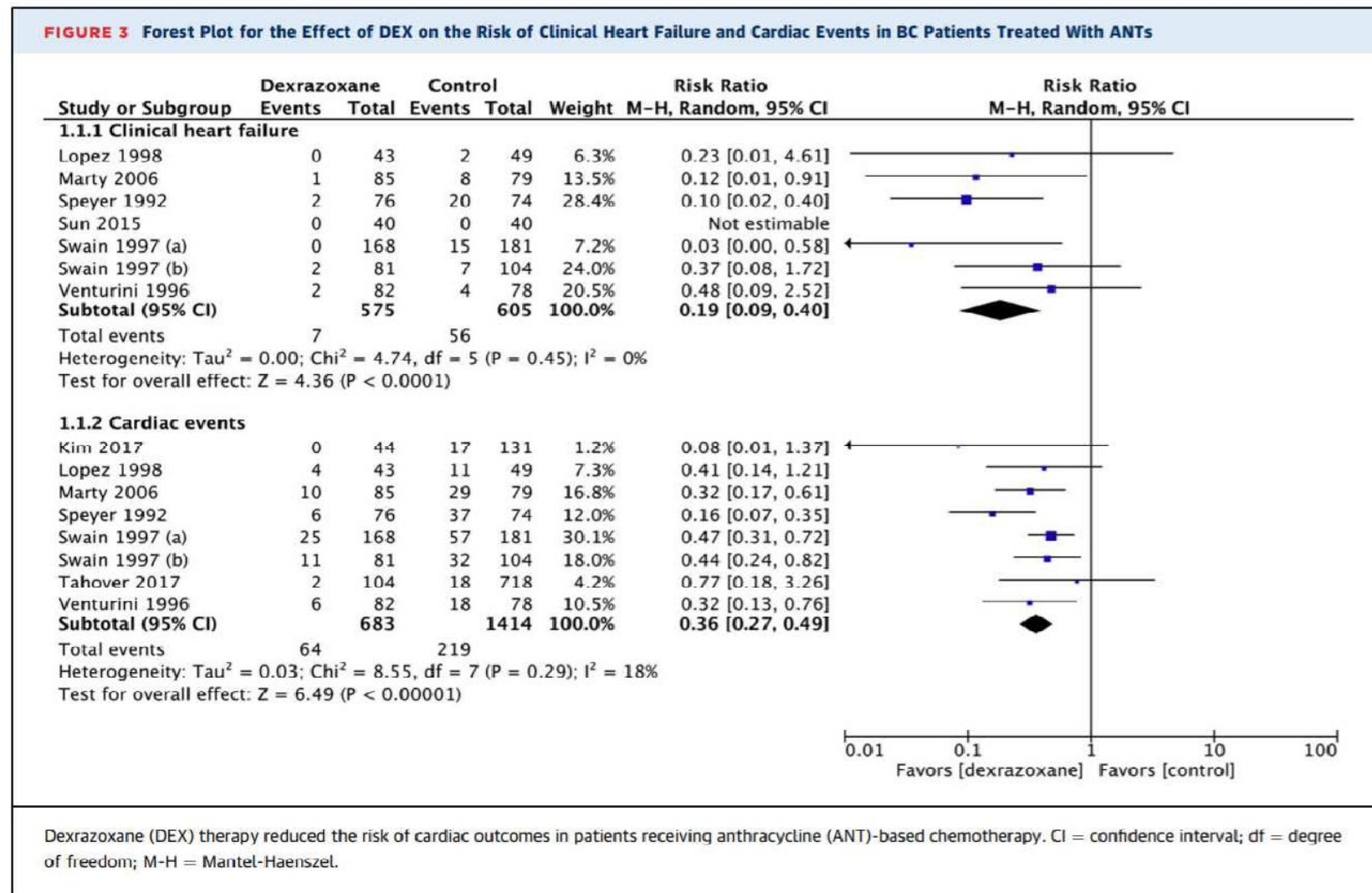
Vaduganathan et al. JACC CardioOnc 2019

Dexrazoxane for Cardioprotection



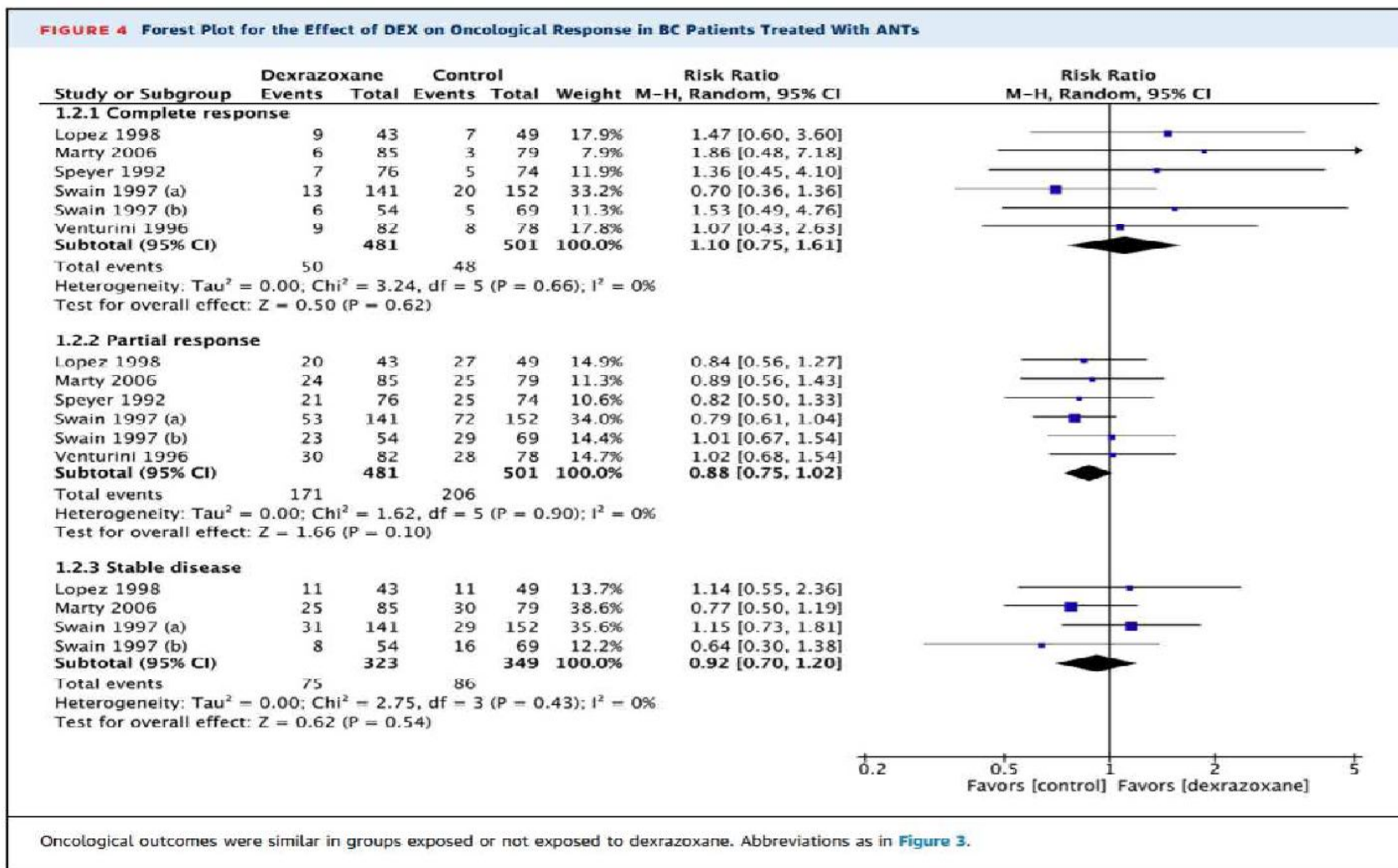
Lipschultz et al. Lancet Oncol. 2010 October

Dexrazoxane Prevents Cardiac Events



Macedo et al. JACCCO 2019

Dexrazoxane Use and Cancer Response



Macedo et al. JACCCO 2019

Primary Prevention of Anthracycline Cardiotoxicity

TABLE 2 Primary Prevention for Anthracycline-Induced Cardiotoxicity

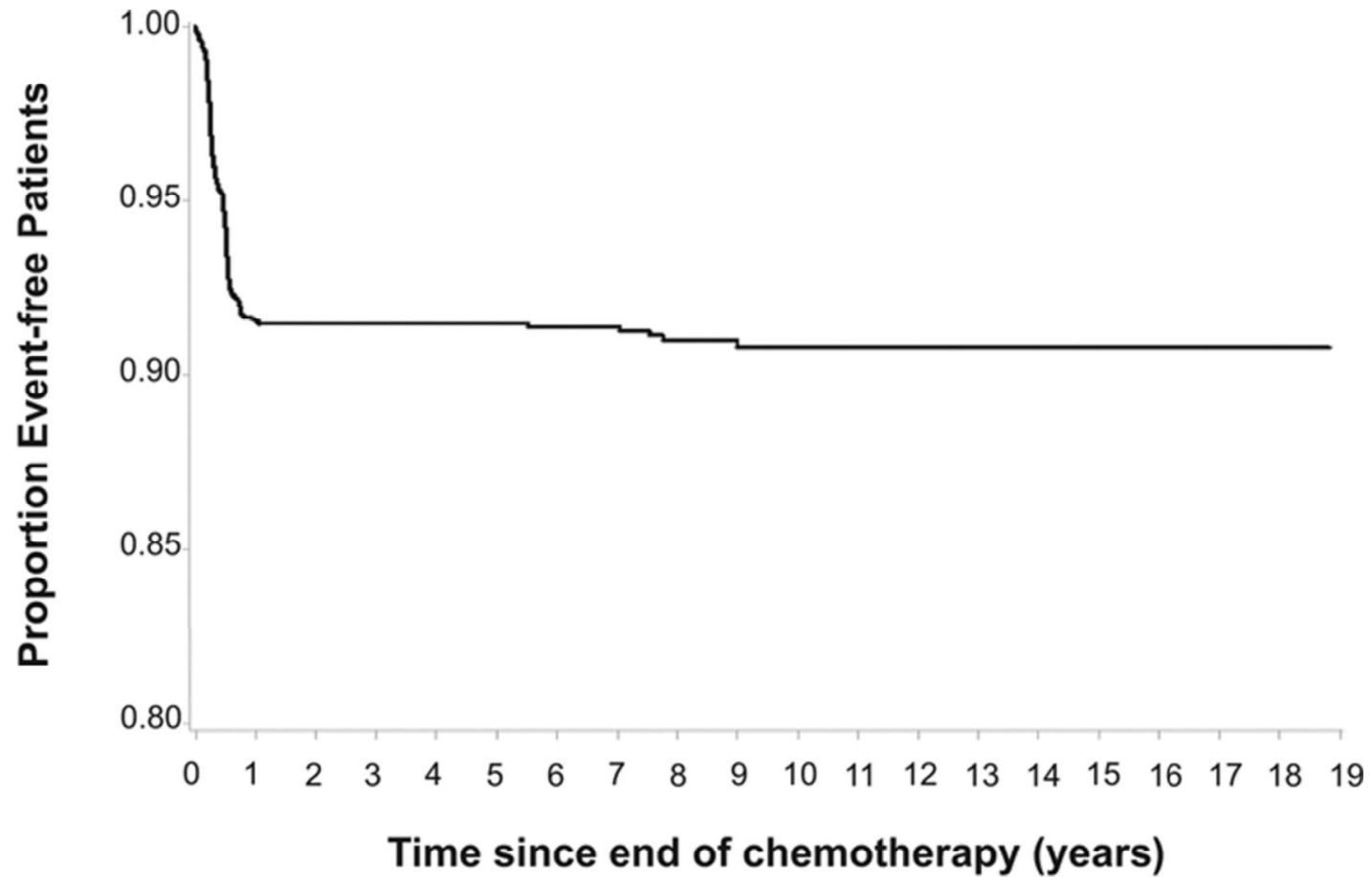
Prevention Strategy	Cost*	Comments
Continuous doxorubicin infusion (48-72 h)	\$67/50 mg†	Effective in cardioprotection in sarcoma and lymphoma, but not in the pediatric population
Liposomal doxorubicin	\$2,851/50 mg	FDA-approved for ovarian cancer, AIDS-related Kaposi sarcoma, and multiple myeloma, after failure of at least 1 prior therapy
Dexrazoxane	\$362/500 mg	FDA-approved only for women with metastatic breast cancer who received at least 300 mg/m ² doxorubicin and need additional doxorubicin to maintain tumor control
ACEI/ARB/β-blockers	\$4/month	Unknown whether they were cardioprotective or simply changed hemodynamics

*2014 Walmart pharmacy prices. †May be higher, depending on hospital stay or infusion pump care costs.
 ACEI = angiotensin-converting enzyme inhibitor; AIDS = acquired immune deficiency syndrome; ARB = angiotensin receptor blocker; FDA = U.S. Food and Drug Administration.

Yeh ET et al. JACC 2015

Treatment of Cardiotoxicity

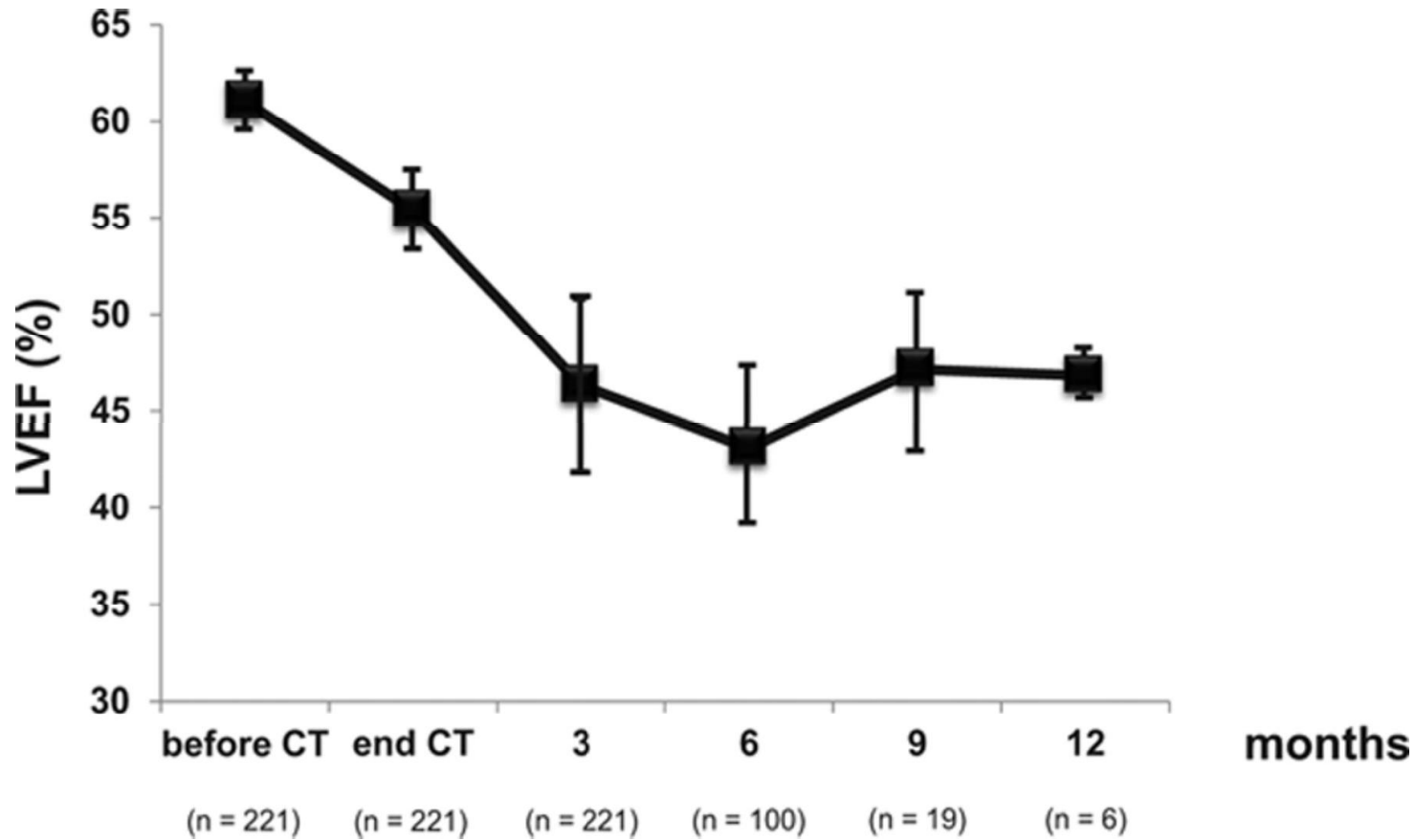
90% of anthracycline cardiotoxicity occurs in the first year



Pts.at risk (n) 2625 2266 1958 1716 1437 1291 1010 784 608 461 410 243 174 116 68 49 25 16 7 0

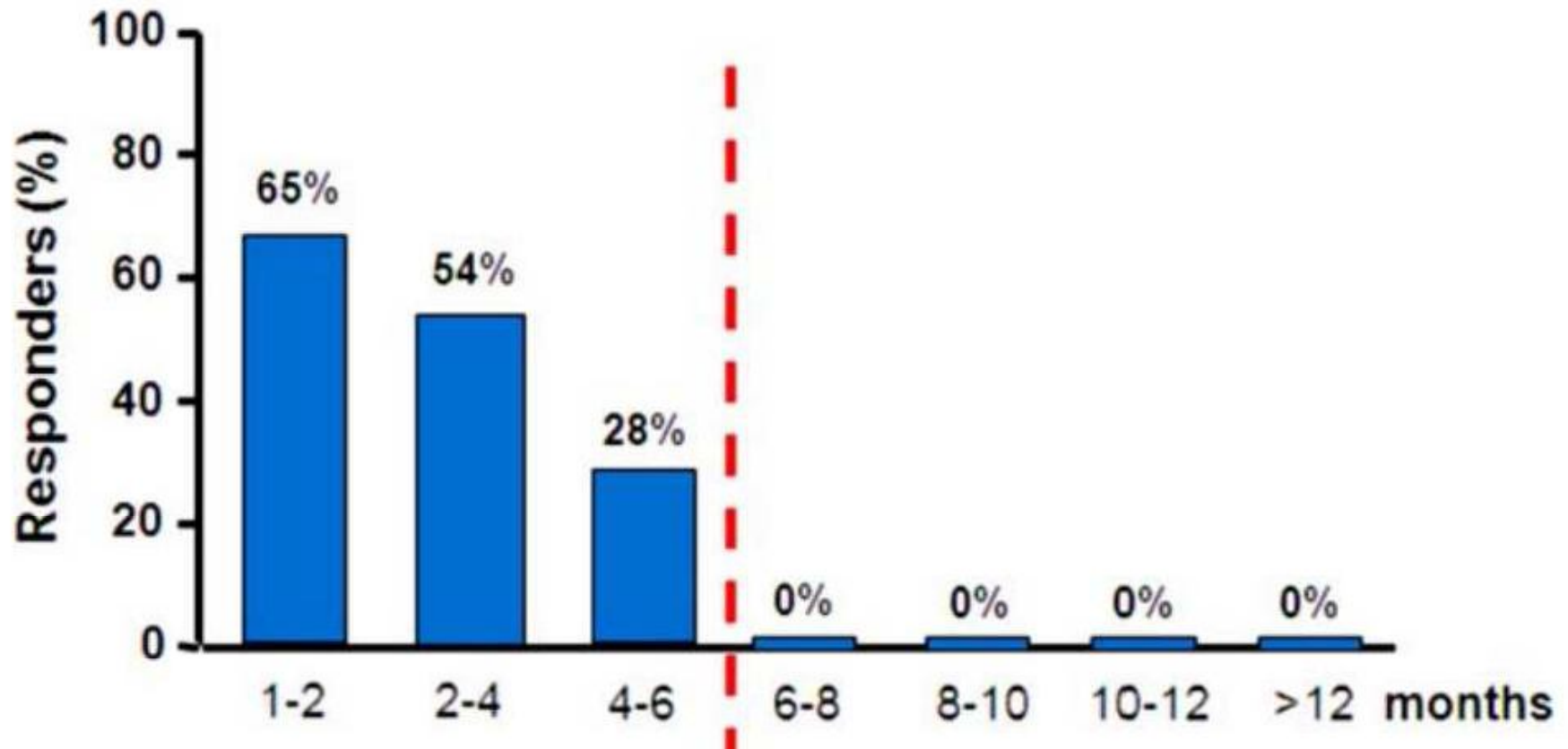
Cardinale et al. Circ 2015

LVEF decline may improve with medical therapy



Cardinale et al. Circ 2015

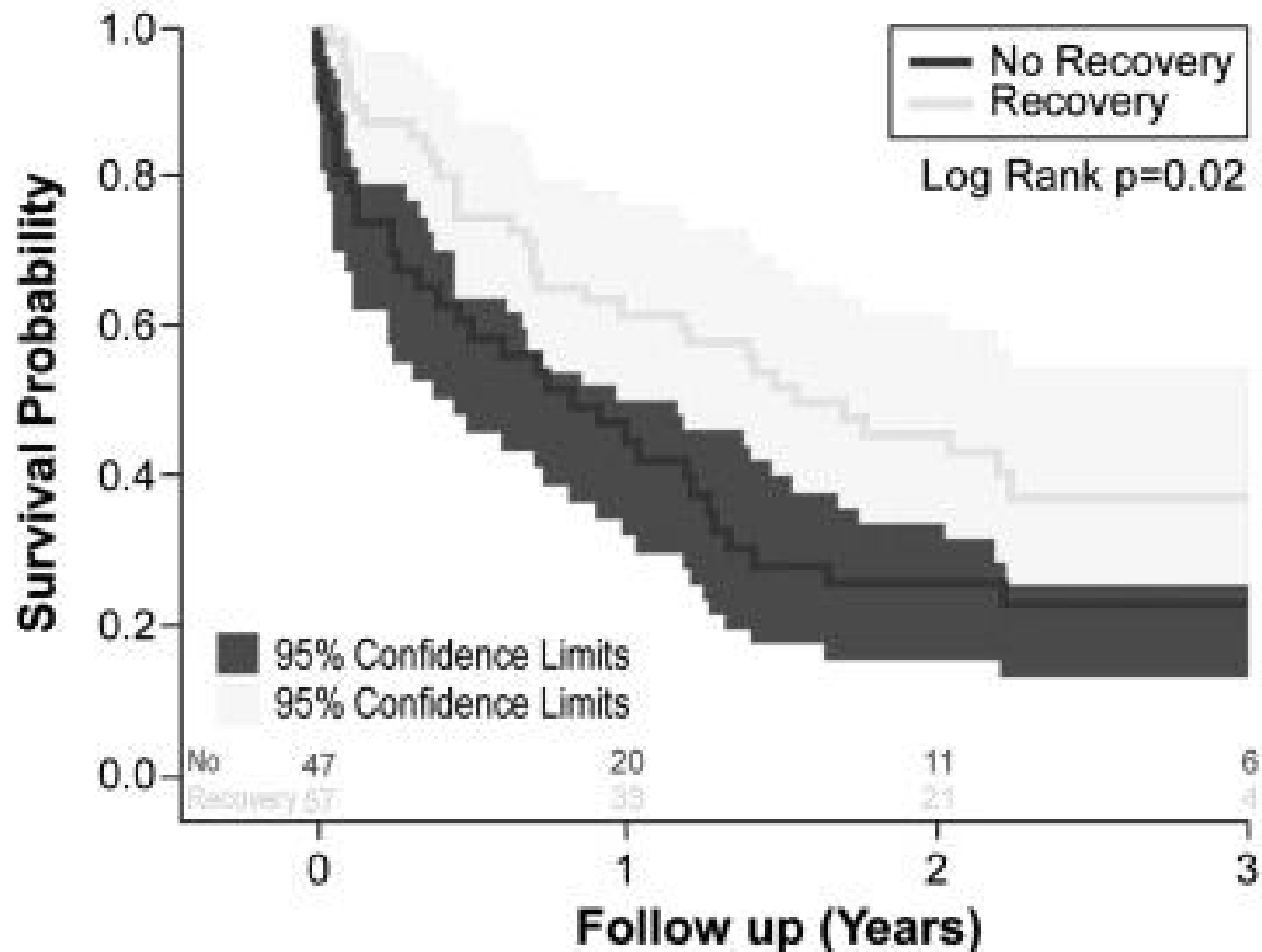
Response to HF therapy decreases with time



Cardinale et al. J Am Coll Cardiol. 2010

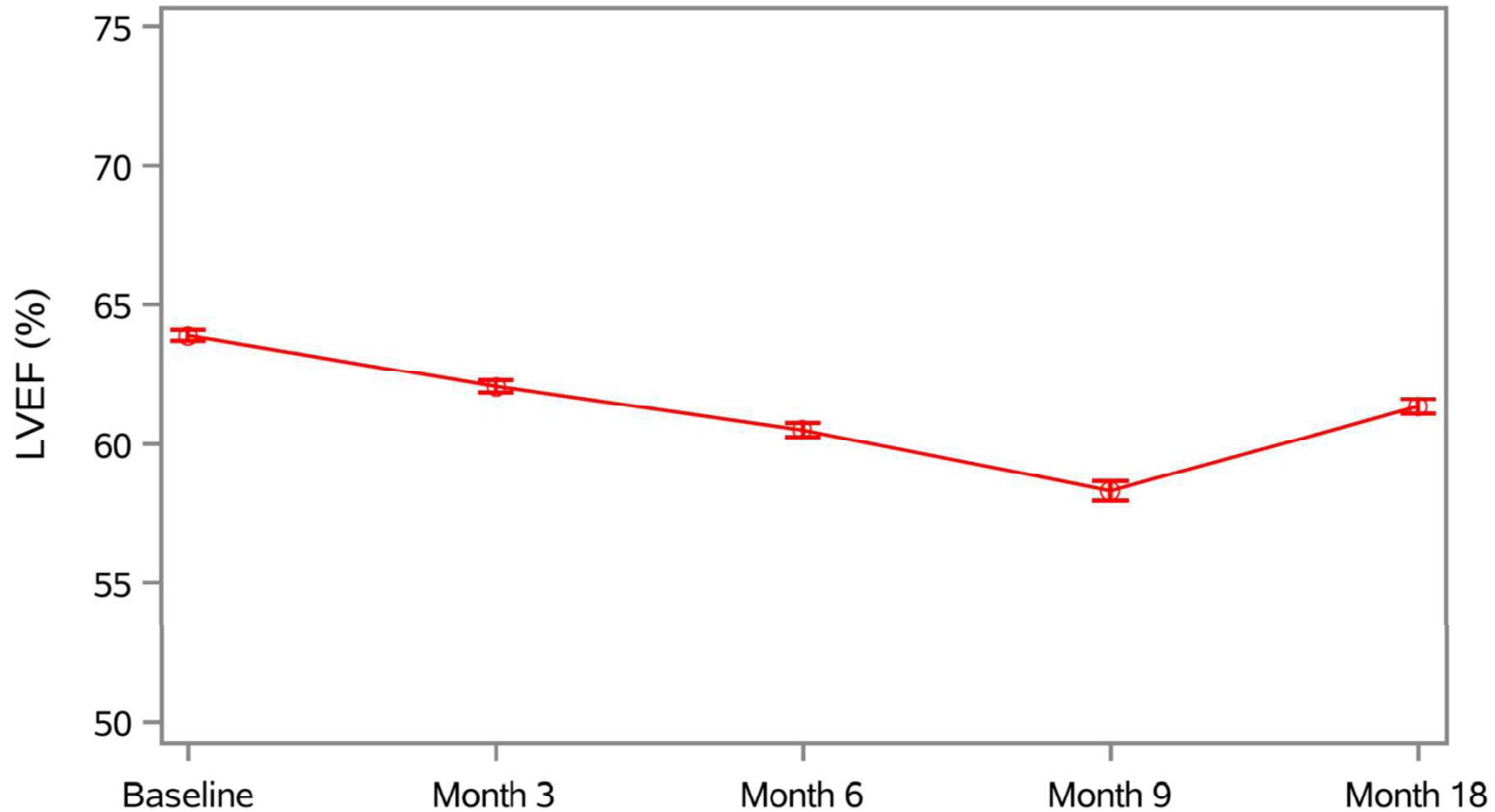
Survival of Patients with and without Recovery of LV Function

Product-limit Survival Estimate with Numbers of Subjects at Risk



Oliveira et al. Am J Cardiol. 2014 Jun 1;113(11):1893-8.

LV Function behavior during trastuzumab therapy



Trastuzumab
Arms Combined

4015

3914

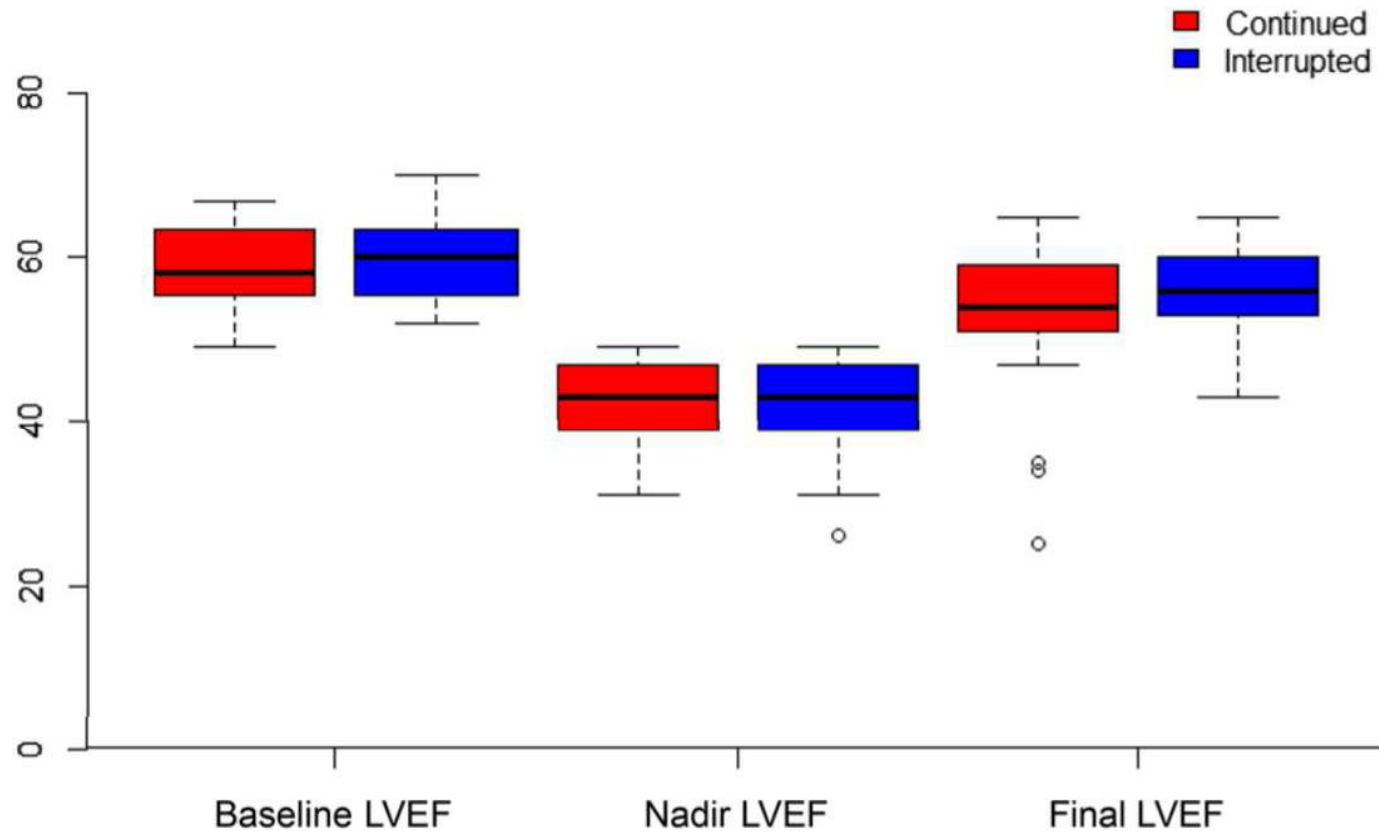
Visit
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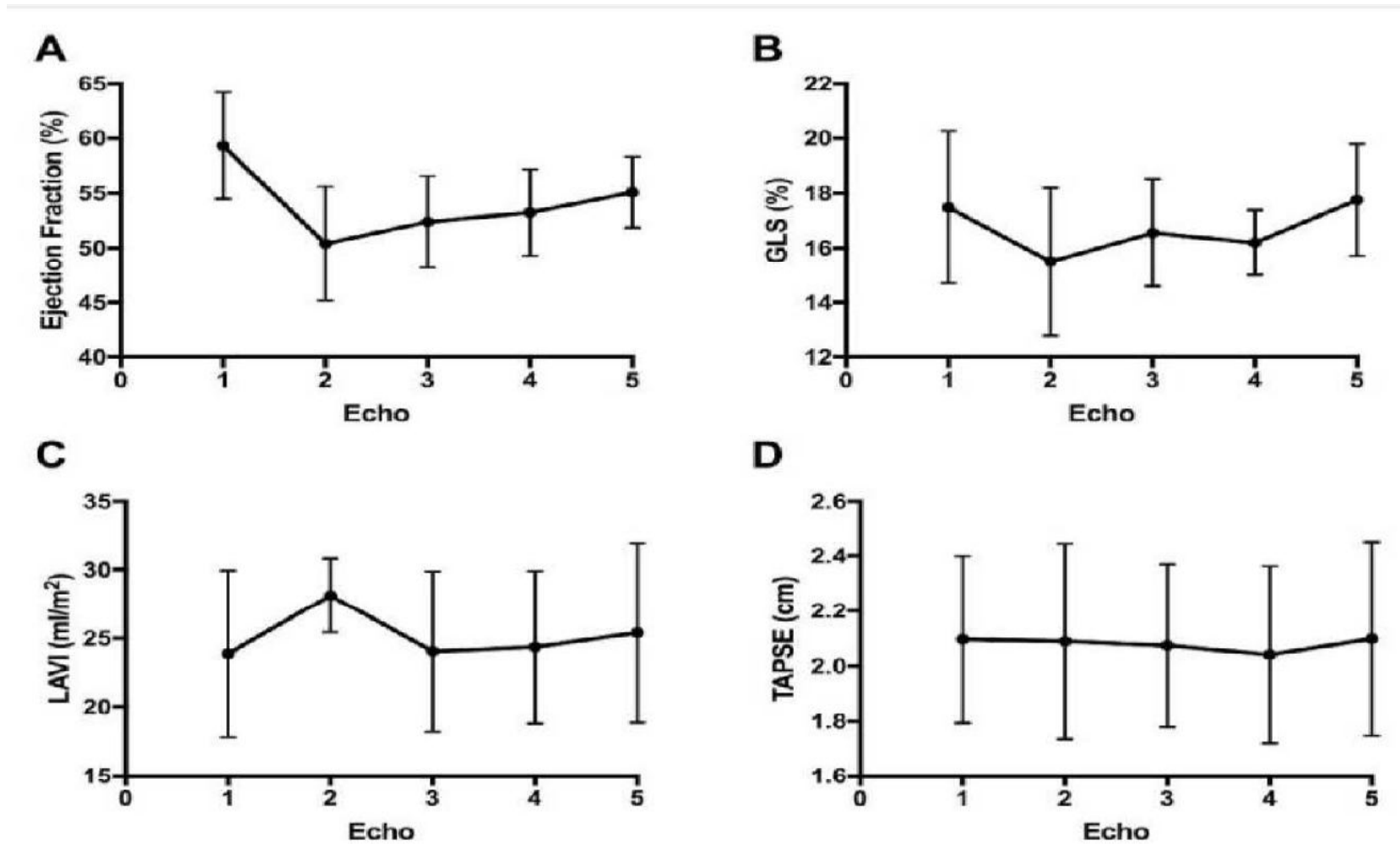
Azambuja et al. Breast Cancer Research and Treatment 2019

Is Discontinuation of Trastuzumab Necessary?



Hussain et al. *Breast Can Res and Treat.* 2019

Continuation of Trastuzumab Despite Cardiotoxicity



Conclusões

- Cardiotoxicidade é comum e devastadora
- Pacientes com cancer tem alta prevalência de doença cardiovascular
- Avaliação cardiovascular antes da terapia do cancer é capaz de melhor estratificar o risco de cardiotoxicidade
- Prevenção de cardiotoxicidade é possível
- O monitoramento de pacientes de alto risco pode detectar cardiotoxicidade precocemente
- A prevenção farmacológica da cardiotoxicidade é possível
- O tratamento da cardiotoxicidade é reversível se o diagnóstico for feito nos primeiros 6 meses
- A interrupção de herceptina raramente é necessária